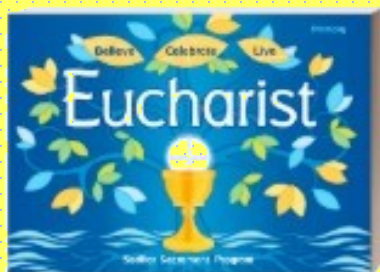


# First Eucharist Retreat Resources

- ♦ Free Resources to help prepare for an online First Eucharist Retreat with students
- ♦ Free Resources for Family Preparation and Celebrations
- ♦ Free! Special Intergenerational Eucharist Event to conduct with your parish, *virtually*



## The First Eucharist retreat in the PDG (Section C) of the BCL program.

There is an opening prayer of Lectio Divina, followed by a reading of the Emmaus story (complete with a handout) and discussion (handout 2).

The closing prayer service could be used as well. If you are able to give the diocese or parish access to the PDG, they could print the pages of the retreat, scan them and send out to the parishes.

Available in English and in Spanish



## The GIMN Eucharist event is also useful

<https://go.sadlier.com/religion/eucharist-event>

*It is easy to download!*

The handouts could be used to create a flow for an at-home retreat: **#3** (Table Tasks), **#6** (Emmaus reading, with family members taking different

parts), **#7** (Emmaus medallion), and **#4**. (Even though #4 is the opening prayer, it could be a nice way to wrap up the at-home retreat, starting with the Sign of the Cross and ending

Available in English and in Spanish



## Some other helpful resources for at-home use:

“First Communion Reflections” and Prayer for a Child’s First Communion  
[www.sadlier.com/religion/blog/bid/82623/first-communion-reflections](http://www.sadlier.com/religion/blog/bid/82623/first-communion-reflections)

First Communion kit

<https://go.sadlier.com/religion/first-communion-kit>

Available in English and in Spanish