

Archdiocese of San Antonio

2011-2012



Handbook

\$2.00

OFFICE INFORMATION

Office of Youth Ministry/CYO Athletics
2718 W. Woodlawn Ave.
San Antonio, Texas 78228

Phone: (210) 734-1625
Facsimile Phone: (210) 735-2695
Website: www.archsa.org/oym/cyo/

OFFICE HOURS

Monday-Friday, 8:30am-4:30pm
Lunch Hours 12:00pm-1:00pm
Closed on Weekends

OFFICE STAFF

CYO Athletic Director-*Arnulfo Rodriguez, Jr.*
Natalie Sanchez-*Administrative Assistant*
James Trimboli-*Special Projects Manager*
Joan Martinez-*Director for Youth Ministry*
Rich Mazzara - *Associate Director for Youth Ministry*
Barbara Convertino-*Associate Director for Youth Ministry*
Denise Pacheco-*Administrative Assistant*

CYO PRAYERS

(Prayer to be said before each CYO Game by both teams & Parents/Fans)

Father in Heaven, we ask your blessing on the game we are about to play. Give each one of us the courage to play this game in a manner which by our words and our actions is pleasing to You. Let us enter into this competition in a spirit of sportsmanship and with a respect for the members of the opposing team. We ask You, Father, to bless each one of us and especially the coaches, officials and players. Keep us under the protection of Your Son, Jesus Christ, and help us to be aware of His presence with us in this game. Amen.

(Prayer to be said after each CYO Game by both teams & Parents/Fans)

Thank you Lord for this game, we hope we played and will always play in a manner that is pleasing to you. Amen.

CYO SPORTS HANDBOOK

TABLE OF CONTENTS

| | |
|--|--------------------|
| CYO Prayer..... | Inside Front Cover |
| Archdiocesan CYO Sports Membership | 3 |
| CYO Calendar..... | 4 |
| CYO Age Division..... | 6 |
| General Rules and Policy | 8 |
| CYO Football Rules..... | 41 |
| CYO Soccer Rules..... | 51 |
| CYO Girls Volleyball Rules..... | 57 |
| CYO Boys Basketball Rules | 62 |
| CYO Girls Basketball Rules..... | 70 |
| CYO Track and Field Rules | 76 |
| CYO Track Records | 76 |
| CYO Girls Softball Rules..... | 86 |
| CYO Boys Baseball Rules | 96 |
| Coaches Certification Schedule..... | 112 |
| CYO Zone/Parish List..... | 111 |
| Points of Emphasis..... | 113 |

CYO SPORTS MEMBERSHIP

I. INTER-PAROCHIAL ZONE PRESIDENTS

ZONE I

ZONE II

ZONE III

ZONE IV

ZONE V

ZONE VI

II. SPORTS COMMISSIONERS

SOCCER

VOLLEYBALL

FLAG FOOTBALL

BASKETBALL (BOYS)

BASKETBALL (GIRLS)

TRACK

BASEBALL

SOFTBALL

III. PARISH ATHLETIC ASSOCIATION PRESIDENTS

CYO SPORTS CALENDAR 2011-2012

| DATE | EVENT |
|---------------------------|--|
| September 1..... | CYO Year Starts |
| August - September..... | Soccer, Football and Volleyball Season Begins |
| September 5..... | Labor Day/ Office Closed |
| November 1..... | All Saints Day |
| October 27..... | Soccer and Volleyball Coaches Meeting |
| October 27..... | Football Coaches Meeting |
| Nov 4- 13..... | Volleyball/Flag Football/Soccer City Playoffs |
| November 24-25..... | Thanksgiving Holiday/ Office Closed |
| November - December..... | Basketball Season Begins |
| November 28..... | All-Sports Banquet |
| December 23..... | Christmas Holidays/ Office Closed |
| January 16..... | Martin Luther King Jr. Day/ Office Closed |
| February 9..... | Basketball and Coaches Meeting |
| February 13-19..... | Basketball City Playoffs |
| March 15..... | Track Meeting |
| March 17 or March 18..... | City Track Meet |
| April..... | Baseball and Softball Season Begins |
| April 6..... | *Good Friday/ Office Closed |
| April 8..... | *Easter Sunday |
| May 28..... | Memorial Day/ Office Closed |
| June 7..... | Softball and Baseball Coaches Meeting |
| June 11-June 18..... | Baseball and Softball City Playoffs |
| July 31..... | CYO Year Concludes |

***No games/No Practices will be scheduled.**

MISSION

To offer Catholic youth sports and recreation programs emphasizing friendly competition through good sportsmanship modeled by adult participants and it is parish centered.

To invite all participants, Catholic and otherwise, youth and adults to share in the life of their faith of their parish thru their CYO Program and become involved in their parish by attendance, religious education, and formation program

I. CYO age division 2011-2012

| Ages | | Division | Year | Born on or between the following ages |
|------|----|----------|----------|---|
| *17 | 16 | Junior | 3rd Year | September-December, 1994 January-August, 1995 |
| | 15 | | 2nd Year | September-December, 1995 January-August, 1996 |
| | 14 | | 1st Year | September-December, 1996 January-August, 1997 |
| *14 | 13 | Cub | 2nd Year | September-December, 1997 January-August, 1998 |
| | 12 | | 1st Year | September-December, 1998 January-August, 1999 |
| *12 | 11 | Mite | 2nd Year | September - December, 1999 January-August, 2000 |
| | 10 | | 1st Year | September-December, 2000 January - August, 2001 |
| *10 | 9 | PeeWee | 2nd Year | September - December, 2001 January-August, 2002 |
| | 8 | | 1st Year | September-December, 2002 January-August, 2003 |
| *8 | 7 | Tiny | 2nd Year | September - December, 2003 January-August, 2004 |
| | 6 | | 1st Year | September-December, 2004 January - August, 2005 |
| *6 | 5 | Tots | 2nd Year | September - December, 2005 January-August, 2006 |
| | 4 | | 1st Year | September-December, 2006 January - August, 2007 (or Younger) |

**May turn this age during current activity year if birthday is after August 31st.
CYO Year: September 1 - August 31.*

I. Sports

- A. Flag-Football
- B. Soccer
- C. Volleyball
- D. Basketball
- E. Track and Field
- F. Baseball
- G. Softball

II. Player Eligibility Guidelines (Must meet one of the following: A or B or C) (Children meeting two or more of the requirements can only participate in one Parish Program a year, **which must be declared initially by the first sport that they participate in.**

- A. **Parish Boundaries** - Registering child's parent/s or legal guardian/s must reside within the Parish Boundaries set by CYO Office to legally play for designated Parish. Proof of residency must be provided.
- B. **Parishioners** - Parent/s or legal guardian/s of registering child must be registered Parishioners for at least one year to legally play for designated Parish. Name must be included on approved Parishioner list signed and stamped by Parish office every sport season.
 - 1. Parishioner - The family must have been registered at the Parish Office for at least a year, attend mass regularly, and are active members of that one parish and contributes to the support of that one parish.
 - 2. **Zones I, IV, and V will participate in a Pilot Program in which each Parish will submit their Parish Letter without signature and stamp at time of rosters or before. (Letter can be submitted by email) CYO Office will then submit letter to Parish offices for approval. Any players not approved by Parish Office will have to be dropped from team immediately or risk forfeiting every game that player has participated in or declare team "Restricted".**
 - a. **Parents must be notified of the Parishioner requirements.**
 - b. **All other Zones will still be responsible for obtaining Pastors Signature and Stamp on Parish Letter and submitting it with rosters.**
- C. **Parish School** - Registering child or children attending a Parish School is eligible to play for their Parish School. Name must be on approved school letter, stamped and signed by principal or parish office.
 - 1. **Zones I, IV, and V will participate in a Pilot Program in which each Parish will submit their Parish School Letter without Principal signature at time of rosters or before. (Letter can be submitted by email) CYO Office will then submit letter to Parish School offices for approval. Any players not approved by Parish School Office will have to be dropped from team immediately or risk forfeiting every game that player has participated in or declare team "Restricted".**
 - a. **All other Zones will still be responsible for obtaining Principal Signature on Parish School Letter and submitting it with rosters.**
 - 2. **Adjacent Parish List will not apply to Parish Schools**
 - 3. **Students not able to be placed on their School Team due to 1) No Sport, 2) Team Full, 3) Division Full, must be referred back to their Parish based on the above (a. Parish Boundaries or b. Parishioners).**
 - a. **Students being referred back to their Parish by (A) or (B) must return back to their Parish School the following participating sport.**
- D. No out of zone play will be allowed without CYO Director's approval.
- E. Player Certificates - Parishes following in one of the categories below will direct players

with a *Player Certificate Form* to one of the two adjacent Parishes according to the “Adjacent Parish List”.

1. “No Program” is a Parish that has declared to the Zone Registrar and CYO Office that they do not have a CYO Program for the current sport year. (Status can not change without CYO Athletic Director approval)
2. “No Sport” is a parish that has declared to the Zone Registrar and CYO Office that they will not be participating in a certain Sport Season.
3. “Division Full” is a Parish that has declared to the Zone Registrar and CYO Office that a certain divisional team or teams are full.
 - a. **Zones I, IV, and V will participate in a Pilot Program in which the CYO Office will then review and sign all Player Certificates.**
 - i. **Players are not guaranteed on team until this process is complete.**
 - b. **Player Certificates found to be invalid due to available space on team, incorrect signatures, or any other discrepancy will have to be dropped from team immediately or risk forfeiting every game that player has participated in or declare team “Restricted”**
4. Any children attempting to register for a “Division Full”, “No Program”, or “No Sport” that has a *Player Certificate Form* signed by home parish and their two “Adjacent Parishes” will submit their name and *Registration Card* to the Zone Registrar for Zone Pool Placement. (Registration fees will not be paid until Parish team placement has been determined)

III. Registration - Originates in a Catholic parish which is a member of a geographically determined zone (currently, there are six).

- A. Procedures - All sports official opening and closing registration dates will be mandated by the CYO Office. Under no circumstances will parishes be permitted to close registrations prior to the established date(s). After the official closing date, player(s) may still attempt to register within their respective parish. (However, any other player(s) that attempt to register during this period will be allowed to do so, and will be placed in the respective division in the lottery pool.)
 1. Registrations will take place at the parish following Player Eligibility Guidelines.
 2. Registration dates will be publicized prior to and/or during registration periods.
 3. Registrations will be open to all eligible players.
 4. “Grandfather Clause” will only apply to players that have already been established as “Grandfather Players”. “Grandfather Clause” will not apply to anyone else and no longer exists, except for established players prior to 2010-2011 sports season.
 - a. **There will be no “Grandfathered Players” in divisions Tiny 1 and below.**
 - b. **“Family of Grandfathered Players” must seek review and approval from CYO Office.**
 - i. **Exception Form must be completed and approved by CYO Office prior to placement on a team.**
 - c. “Grandfather Clause” are considered players that have played on the same team for two or more years.
- B. Individual - Parochial sponsored athletic programs will register participation according to the following rules:
 1. *Registration Cards* to be filled out in full - first copy to CYO Office, second copy to Inter-Parochial Zone, third copy to Parish, and fourth copy to Parent.
 2. Waiver must be signed by Parent or Guardian.
 3. Registration is good for one year beginning September 1st of the current activity year.
 4. Age Verification - a birth certificate, baptismal record or health department record is acceptable. In unusual cases, where none of the above records are available, (a rare occurrence) parent/s or Legal Guardian/s must seek review and approval by CYO Athletic

Director.

5. Resident verification – 1 proof of residency must be provided. (Utility bill, bank statement, drivers license...etc.) In unusual cases, where none of the above records are available, (a rare occurrence) parent/s or Legal Guardian/s must seek review and approval by CYO Athletic Director.
6. Player registration fee will be payable as follows:
 - a. \$4.00 payable upon issuance of registration form. This fee is non-refundable. No credit monies will be issued for lost, unused, or voided registration forms.
 - b. \$8.00 payable at time registration forms are submitted to the CYO Office (NO EXCEPTIONS).
 - c. \$6.00 payable at time of registration for players participating in a second sport season, excluding Track and third or more sports.
 - i. Sport Seasons (Fall, Winter, Spring)
7. Any Parish found to have registered a youth in their Parish and not have processed the form through the CYO Office will be subject to probation and the child considered an illegal player.
8. *Registration Cards, Rosters, etc.*, will be accepted in the CYO Office during regular office hours by appointment only. (8:30am-5:00pm) No forms will be accepted by staff members away from the CYO Office, or when left without being properly accepted by a staff member. Forms can be mailed, emailed, or faxed as long as they meet the deadlines and fees have been paid or are included in the mail.
9. Procedures:
 - a. Individual must first attempt to register according to VI Player Eligibility Guidelines
 - b. If Parish Program falls into one of the categories stated VI-E, a “Player Certificate” will be given to the individual to attempt to register at either one of the two “Adjacent Parishes”
 - c. Once individual has attempted at home parish, as well as their two “Adjacent Parishes”, individual will be given to Zone Registrar to be placed in Zone Pool for placement within the Zone.
 - d. **After League play has began, any participants that are interested in playing CYO, which do not qualify by Residency, Parishioner, or School Student, must complete registration at CYO Office for placement.**
 - e. After two week period to add players have passed, all individuals must register at the CYO Office for placement. However, players will be considered ineligible, but are welcome to join a team with this understanding.

C. Official CYO Registration

1. Parish Registrars are responsible for ensuring that all the necessary paperwork is correct and complete before submitting it to the Zone Registrar and CYO Office.
2. Parish Pastor’s or an authorized person’s signature must be on every registration card, whether they serve as Registrar or not.
 - a. Exception: Parish Pastor may authorize another Parish Moderator

D. Team Registration

1. Complete *Roster* (Official CYO Rosters) of each team for each sport must be filled in quadruplicate including all information, one for the Head Coach, one for the Parish, one for the Inter-Parochial Zone and one for the CYO Office in paper form **as well as digital copy for every team.** These are available free at the CYO Office. Digital format will be provided to all registrars.
 - a. Note: Computerized rosters must provide all information required and must be approved by the CYO Office.

E. Roster and Registration Cards

1. All rosters must indicate all required information and documents and must be emailed or

submitted via digital copy for CYO Database.

- a. Rosters must have all necessary documents at time of roster submittance. The only form that will be allowed turned in 24 hours before opening day are “Player Certificates”. **Every roster must be submitted in clear binder folder per every team. The CYO Office will provide a set of clear binder folders to every Parish at the General Meeting in July. Parishes are then responsible for picking up binders at conclusion of season or purchasing new ones at the Parish’s expense.**
2. These must be in the CYO Office and submitted to the Zone Coordinator at least a week prior to the “Official League Opening” (soccer, volleyball, flag-football, basketball, softball, baseball) or scheduled event (track meet) unless otherwise specified by a CYO Athletic Director. Each Zone will have designated dates that their Parishes must submit *Rosters* and *Registration Cards*.
 - a. Individual Players will be allowed to be added during the week leading up to “Official League Opening” and be considered legal.
 - b. “Official League Opening” refers to an individual League’s first day of games within the Zone, NOT individual teams within the Leagues. For example, if your divisional league starts January 9th but you do not start play until January 16th. Your roster is still due the week of January 2nd, just like all others).
3. Original roster must have enough players to constitute a legal team as indicated in CYO Handbook.
4. **Penalty for failure to comply with registration rules is loss of one game (or total events) for every work day that roster is not submitted. The losses will be taken at the start of the season and continue forward.**

F. Adding Players (Please use CYO Add/Drop Form)

1. All Parishes have a two week period after league play has started to add player(s) to their team’s roster (whether non-league or league game).
 - a. **After League play has began, any participants that are interested in playing CYO, which do not qualify by Residency, Parishioner, or School Student, must complete registration at CYO Office for placement**
2. A team may add player(s) to their roster up until the replacement date if the official team does not have three (3) players over the number required to start a game. (See NOTE below on Replacement).
3. Any player/s deciding to register after 2 week Deadline must register at CYO Office to seek review and approval by the CYO Office. No child will be turned away.

G. Dropping Players (Please use CYO Add/Drop Form)

1. Player Participation - Player may be dropped for lack of attendance of practice sessions and/or games, injuries, and ineligibility at any time.
 - a. During scoresheet checks for player participation, the Zone **or CYO Office** discovers that a player(s) has more than 3 consecutive absences, the Zone **or CYO Office** may:
 - i. Question the parish and/or parents regarding the situation and/or
 - ii. Have player (s) officialy **dropped** if warranted
2. **If player has missed 3 or more consecutive games, it is the responsibility of the Head Coach to notify Zone Registrar for review and approval to allow this player to stay on the team.**
 - a. **Failure to do so will risk team forfeiting every game after the 3 game absence has taken place.**
3. Before any action is taken to drop players, parent(s) must be notified. If parent can not be reached, Parish President can authorize drop to avoid any team penalties.
4. A Player moving to another Parish after the official league opening MUST finish sports activity in the former Parish if he/she wishes to continue in the program: he/she may re-register in the new Parish for the following sports activity by following Player Eligibility Guidelines.

H. Replacement - Players must be replaced on a team under the following conditions. **(Please use CYO Add/Drop Form)**

1. Player voluntarily resigning permanently from a team or being PERMANENTLY LOST to his/her respective team through:
 - a. Injury
 - b. Moving away from the Parish (outside Bexar County) may be replaced during the league play prior to date indicated in the particular CYO Sports activity.
2. The supplemental roster must indicate a player voluntarily resigned due to one of the above and must be signed by:
 - a. Player's parents and the respective Zone President OR
 - b. The parish Priest, Parish Athletic President and the respective Zone President.
3. JUNIORS and CUBS have until half of the season from the league opening to replace or add players according to the above.
4. Replacement of a player:
 - a. **Abide by player eligibility rules.**
 - b. **Completed CYO Add/Drop Form**
 - c. **Each case must be approved, signed and dated by their Parish and Zone Registrar and CYO Athletic Director 24 hours prior to participation in a CYO contest or activity.**
5. Minimum and Maximum
 - a. Zone's seeking to set their own minimum and maximum on rosters within CYO's Handbook range, per sport must:
 - i. Submit *Roster Adjustment Form* at least 7 days prior to opening day
 - ii. Adjustments can not go below CYO minimum.
 - iii. Adjustment range must be within 2. (Example: 10-12)
6. Late registration will take place until "Replacement Date" through the CYO Office.
7. Marriage disqualifies anyone from CYO Sports eligibility immediately.
8. Player eligibility is limited to one CYO team or CYO league per sporting activity once rosters have been submitted to CYO Office. (Player permanently dropped or replaced is lost for the season and may not be pick up by any other team.)
9. Younger player(s) may be placed in an older division, but only if the parent and the coach are in agreement. The parish cannot force a coach to accept a younger player. If a parish has only enough players to form one team in a division, they may combine two age groups to form that team. Team destination depends on the age of the oldest player on that team.
10. A player's eligibility may be questioned at any time without need of a formal protest. However, only a League Official or Team Head Coach is entitled to question a players eligibility. Upon request in writing by the Official or Team Head Coach it is the responsibility of the League Coordinator to verify the legal age or Player Eligibility of a CYO participant by producing documentation if necessary.
11. It should be the responsibility of the Parish Registrar to establish eligibility of the player if requested in writing by the League Coordinator.
12. Rosters in the CYO Office may be reviewed only by the Specific Sports Commissioner, Zone Office, or CYO Office.
13. **Failure to comply renders the player ineligible.**

IV. Playoff Audits – All teams and potential City Playoff teams must conduct an Audit through their Zone.

A. Playoff Team Coach Duties:

1. Collect and place necessary paper work in a folder or binder per team. Paper work needed is as followed: Any necessary forms missing at time of Zone Audit will result in removal of player.

2. *City Playoff Team Audit Form*
 3. Final *Roster Form*(Including adds, drops, and replacements)
 4. Birth Certificate for all players(Original)
 - a. Parents not choosing to leave original with Coach must personally take original to Zone Audit for verification)
 5. Resident Verification for all players that are not Parishioners (Original)
 - a. Parents not choosing to leave original must personally take original to Zone Audit for verification)
 6. Take Playoff Binder containing all necessary information to their Zone Audit.
 7. Copy of Parish Registration Cards (At Director's Request only)
- B. Parish Audit - Parish Registrar and Board Duties (Optional):**
1. Set a date/s to perform Parish Audit (Anytime prior to Zone Audit's date.
 2. Parish Officers will use *City Playoff Team Audit Form*
 3. Parish Officers will check Final City Playoff team *Rosters*. (Officer can not check their own Team or related to team)
 - a. Ensure if Players are Parishioners or attend Catholic School, a number has been assigned to them. (CYO Office will check the correspondence)
 - b. Verify original Birth Certificate matches date of birth on roster. (Originals will have to be verified at Zone Audit as well)
 - c. Verify original proof of residency matches address to roster. (Originals will have to be verified at Zone Audit as well)
 - d. Validate address is within Parish Boundaries. (Utilize Archdiocese web tool if possible)
 - e. Grandfather (GF) – Players considered “Grandfather” must have GF next to their name. (Teams with GF players must be prepared at any time to show past two years of rosters that have established them as GF)
 - f. Player Certificates (PC) – All players having *Player Certificate Form* must have PC next to their name and a copy of the Player Certificate with roster.
 - g. Adjacent Parish List (APL) – All players abiding by Adjacent Parish List must have APL next to their name.
 4. Take playoff binder with all necessary information to their Zone Audit.
 5. Any necessary forms missing at this time will result in removal of player.
 6. The Parish of the 3rd place team of the designated Divisional League will be notified to provide same Parish information to the Chancery by noon following day in order to qualify for City Playoffs. (if 3rd place team does not qualify, the Zone will only have one representative)
- C. Zone Board Duties;**
1. Set a date/s to perform Zone Audit prior to CYO Office Deadline.
 2. Forms needed: (1) Team Roster Form (2) City Playoff Team Audit Form
 3. Zone Officers will use City Playoff Team Audit form
 4. Zone Officers will check City Playoff team Rosters. (Officer can not check their own Parish)
 - a. Ensure if Players are Parishioners or attend Catholic School, a number has been assigned to them. (CYO Office will check the correspondence)
 5. Verify original Birth Certificate matches date of birth on roster. (Once verified originals will be handed back to Coach, Parent, or Board Member.
 6. Verify original proof of residency matches address to roster. (Once verified originals will be handed back to Coach, Parent, or Board Member.
 7. Validate address is within Parish Boundaries. (Utilize Archdiocese web tool if possible)
 8. Grandfather (GF) – Players considered “Grandfather” must have GF next to their name. (Teams with GF players must be prepared at any time to show past two years of rosters that have established them as GF)

9. Player Certificates (PC) – All players having *Player Certificate Form* must have PC next to their name and a copy of the Player Certificate with roster.
10. Adjacent Parish List (APL) – All players abiding by Adjacent Parish List must have APL next to their name.
11. Any necessary forms missing at this time will result in removal of player.
12. The Parish of the 3rd place team of the designated Divisional League will be notified to provide same Parish information to the Chancery by noon following day in order to qualify for City Playoffs. (if 3rd place team does not qualify, the Zone will only have one representative)

D. CYO Office Duties:

1. Review all *City Playoff Team Audit Forms*
2. Ensure all Parishioners and Catholic School Players correspond with the Parishioner and Catholic School Letter that were previously submitted to the CYO Office.
3. Review Adjacent Parish List has been followed
4. Review Player Certificates have been followed.
5. Contact any Parish Presidents of teams restricted or any cases of misconduct.
6. Review Parish Registration Cards if needed.

E. Documents Needed:

1. *City Playoff Team Audit Form*
2. Final *Roster Form* (Including add, drops, and replacements noted on Final Roster Form) (Add, drop, and replacement forms are not necessary)
3. Original Birth Certificate or any type of federal document that displays date of birth. (For those parents that are not comfortable leaving the original to be verified by Zone Board, must personally take the original to the Zone Audit for verification)
4. Original Resident Verification Form - 1 proof of residency must be provided. (Proofs include utility bills, bank statement, current driver licenses, insurance form, cellular phone bill, or lease agreement)
 - a. CYO Office recommends you bring several proofs of residency for verification, just in case.
5. Adjacent Parish List – All players playing outside of Parish Boundaries (whom are not Parishioners or attend the Parish School) must have followed Adjacent Parish List
6. Grandfather – All Grandfathered players must have GF next to name. There should be no GF for Tots. (Special circumstances need CYO Director Approval) This is due to their no longer being any new “Grandfathered” players as of 2010-2011 Sport Year.
7. *Player Certificate Forms* filled out and signed appropriately.
 - a. All *Player Certificate Forms* will be checked in accordance to rules for filling out and signing. Any Parishes that signed off that their parish is: Full, No Sport, or No Division falsely will risk future Parish consequences.
8. Any players not in compliance or missing the necessary paperwork must be dropped in order to proceed into playoffs.
9. If a team drops below the allowed minimum legal players on roster, the team will be removed from playoffs.
10. Parishes having 3 or more cases of ineligibility in reference to residency or age will result in Parish being suspended from City Playoffs for a year.

V. Zero Tolerance Act (adopted 2011)

A. Parents/Spectators:

1. May not yell any form of criticism,
2. May not make derogatory comments,
3. May not use profanity, taunt, criticize, or jeer,
4. May not badger, name call, or use foul language,

5. May never approach a: player, coach, spectator, official, league administrator, or site coordinator at any time, before, during, or after game to question or comment negatively.

B. Coaches

1. May not yell any form of criticism
2. May not make derogatory comments,
3. May not use profanity, taunt, criticize, or jeer
4. May not badger, name call, or use foul language.
5. May never approach a: player, coach, spectator, official, league administrator, or site coordinator at any time, before, during, or after game to question or comment negatively
6. Will respect all game officials and refrain from abruptly questioning their decision. There will be no extensive discussion, comments, or gestures regarding any judgment calls.
7. May not approach an official in an abrasive or negative matter at any time before, during, or after game to question or comment negatively

C. Game Officials

1. Have sole authority in stopping game when coaches, parents, or spectators, are displaying inappropriate disruptive behavior that hinders the game. The officials will identify the violator(s) to Site Coordinator(s) for observation and possible removal.
2. If, in the sole opinion of the officials, the situation cannot be remedied by removal of offending person(s), the game will be stopped and the offending team will forfeit.

D. Consequences

1. Individuals who engage in the above behaviors will be subject to immediate ejection from facility/property.
 - a. Individuals ejected from a site, will be suspended for ten days from all CYO property and events.
 - b. Individuals ejected from of a second game will serve a year suspension from all CYO property and events.
 - c. If the ejected individual chooses not to leave facility/property when asked, the authorities will be called to have the individual removed

E. Site Coordinators

1. Responsible for supporting game officials' decision 100% by:
 - a. Removing coaches from games
 - b. Observing parents/spectators at all times and when directed to
 - i. Making decision to remove parents/spectators when violating Tolerance Act.
2. Can not be performing any other onsite duties such as gate, concession, etc...

F. CYO Athletics will not tolerate any abusive behavior towards players, officials, or other spectators. We are committed to maintaining a safe and positive atmosphere in our programs.

VI. Coaches - The Office of Youth Ministry/CYO has the responsibility to develop and to foster its athletic leaders (coaches, commissioners, parish and zone presidents, and athletic directors) the Christian values which will enable them to be a positive role model and influence on the lives of the young people they serve through the Catholic Church in the CYO Sports Program.

A. Selection (Pre Evaluation)

1. The CYO Athletic Program requires the service of volunteers and one of the leaders is the coach. They are the persons who determine the quality of experience that our young athletes have with sports. The *Coach Expectation Sheet* is included in this manual (use them). Coaches are selected at each parish by the parish president and parish athletic director.

B. Requirements: All Coaches must:

1. Pass or have a background check pending by their Parish in order to:
2. Attend and complete CYO/OYM Coaches Certification Class every three (3) years

3. Receive a Coach's Badge
 - a. There is a fee per coach, which will be administered by the CYO Office to be collected from each parish at the time of registration. **Any team without a certified head coach will be considered a restricted team and will not be allowed to advance to the city playoffs.**
4. Be responsible and accountable for all information within the Policy and Procedure Manual and Handbook
5. **Recommended to attend any additional Catholic Identity Training conducted by Office of Youth Ministry**
 - a. **This training will eventually become Mandatory.**
6. Abide and support our Zero Tolerance Act
 - a. **Penalty: Failure to do so will permanently remove Coach from CYO Program.**

C. Practice and Games

1. Once all levels of X-B have been completed, volunteer will be permitted to coach in practices or games.
2. If volunteer has not completed X-B he/she will not be allowed to participate at any capacity involving youth.
 - a. Individuals not certified will not be allowed on the field or bench
 - b. All certified coaches must have Coach's badge in visible sight of all players, officials, and spectators. Coaches without badge can not be with team during game play.
 - i. **Penalty: Forfeit of coach refuse to leave team area and Coach is suspended until he retakes Coach' Certification Course**
 - c. Illegal use of badge – Using Certified Coaches badge that is not their own.
 - i. **Penalty: All coaches in violation will be suspended for a year and must retake Coach's Certification Course.**
 - d. Illegal Coach – Any coach, certified or not sitting on the bench that is not on the Team Roster.
 - i. **Penalty: Forfeiture of current game.**
3. In a rare circumstance where a certified coach is not available at a game, a parent may sit in. This will only be allowed no more than twice within a season.

D. Coaches and Conduct

1. Only one head coach and three assistant coaches are the maximum per team (In the TOT Division the max is Five Coaches). All teams must have a Team Minister (which can be one of the four coaches).
2. **The minimum per team is one Head Coach and one Team Minister. A Team Minister and Head Coach can not be the same individual.**
 - a. **Penalty: Roster will be considered Illegal, therefore, team is restricted.**
3. **Any coach, player or spectator ejected from a game is automatically on suspension from the next game, of that team (may not attend game even as a spectator).** A hearing should be held as soon as possible to determine additional penalties (if any). If the violation occurs in the Zone Level, it is the Zone's responsibility to conduct the hearing. In City Playoffs, the CYO Athletic Director **will meet with City Sports Commissioner to resolve or set up the hearing with Executive Council.** (Any coach or spectator ejected must leave the entire facility).
4. **Any Manager, Coach, Assistant Coach, Player, Umpire or Spectator involved in the physical or verbal assault on another person at any CYO facility or any facilities when representing the CYO will be automatically suspended from the CYO Sports Program and all CYO facilities until such a time as a hearing may be conducted.** It is the responsibility of the Zone President to conduct a hearing within seven (7) days of the violation when it occurs at a Zone coordinated facility during Zone controlled activities or meetings. It is the Zone Officers' responsibility to insure proper conduct in their facilities. In City Playoffs, the CYO Athletic Director **will meet with City Sports Commissioner to**

resolve or set up the hearing with Executive Council. (Any coach or spectator ejected must leave the entire facility).

E. Physical assault of a game official:

1. **Minimum of 12 months suspension** upon determination of the guilt of offending party. Reinstatement as a CYO leader must be appealed to the CYO Office through the parish and zone upon completion of term of penalty.

F. Physical or verbal assault of any other person:

1. at a CYO sanctioned or CYO related activity taking place at a CYO facility or outside the CYO (including all fields, gyms, meeting rooms, etc. whether or not leased from the Archdioceses of San Antonio). Penalty is to be determined by the Zone after consideration of all of the facts relating to the assault. However, it is recommended that anyone found guilty of initiating a fight or physically assaulting another person be **suspended for a one year period.**

G. Good Standing:

1. A coach will not be allowed to vote or hold office during the period that they are under disciplinary action.
2. Must attend at least four (4) general meetings during the CYO year to be eligible to vote at elections.
3. Must not owe the parish outstanding monies, equipment and/or uniforms

H. All CYO Coaches and Volunteers must:

1. Ensure safe competition
2. Ensure all players are participating their appropriate age and gender division
3. Keep a friendly environment at all times
4. Instill sincere sportsmanship at all times.
5. Encourage all are invited to share in the life of their faith community.
6. Encourage all players to experiment with leadership roles, e.g., captains, co-captains, equipment management, assisting with team drills, etc. Such opportunities expand the ways in which youth can benefit from program participation by teaching them contributory as well as recipient roles. In like manner, coaches should encourage appropriate leadership opportunities for their assistant coaches.
7. **Abide, Enforce, and Support the Zero Tolerance Act**

I. Evaluation

1. The zone and parish are responsible in the evaluation of all coaches. The Coach Evaluation Questionnaire are included in this manual-use them. Upon completion, the evaluation is to be kept on file with the Zone President.

J. Other CYOs (Other adults, parents, siblings, and spectators)

1. Provide enthusiastic support of all the children participants. Demeaning behavior or verbal insults towards individuals or teams violates the spirit of the CYO and will not be tolerated. Recognizing that winning isn't everything, adults will always retain the spirit of fairness in competition, the importance of development of children, and the realization that pressure, (as long as it is age and gender appropriate) is not inherently bad, but it can easily transgress the proper boundaries.

K. Christian Values Formation

1. All Officers and Leaders in the athletic ministry of the Church (coaches, commissioners, zone presidents, and athletic directors) are to participate in at least 10 hours of Christian values formation which may be provided by the parish, the zone or the OYM/CYO. Some examples of these opportunities are:
 - a. adult religious education courses and Bible study classes.
 - b. Retreats
 - c. days of recollection
 - d. parish missions

L. Importance of Good Example

1. A knowledge of sports and a willingness to serve does not make one a good Coach or Exemplary Adult. CYO Leaders can be satisfied with nothing less than lasting supernatural values in recreational activities. It is imperative that the CYO Adult Leader be an example for Youth to imitate. Profanity, display of anger, dishonest and childish conduct are not only unchristian, but completely contrary to your chosen apostolate of influencing Youth. **Violations can result in suspension.**
2. The Youth in the CYO are also expected to set a good example to others and are subject to suspension.
3. Alcoholic beverages **and use of tobacco** are not permitted at CYO facilities before, during and after CYO games and events. Coaches and any other personnel under the influence of alcoholic beverages are to be barred from CYO activities. The use of tobacco by coaches and umpires on the field or gym while the games are being played is not permitted (players are not permitted the use of tobacco at any time). On the use of tobacco, one warning will be issued, then suspended from game. The Coordinator will see to the above rules are enforced. **Violations will result in suspension.** Remember: "We can expect from youth the example we set for them."
4. CYO Prayer – Will be at the beginning and at the end of all CYO games, both teams will meet facing their Parents/Spectators, and recite the prayers that are provided at the front of this book. Parents/Spectators are encouraged to join in prayer, however, if they choose not to, everyone must respect this time with silence.
 - a. **Penalty: Individuals not respecting our players during this time of prayer will be automatically removed from premises.**
 - b. **Penalty: Teams not participating in Prayer before and/or after game will result in Head Coach or any Acting Head Coach being suspended from any and all CYO Events for one year and must retake Coach's Certification Course.**
5. No games shall start or end until the prayer has been recited. Team ministers should facilitate this.

VII. Forfeitures

A. Ineligible Player/s (**All games played with an ineligible player will result in automatic forfeiture of every game that player participated in.**)

1. A team will forfeit any and all games in which an ineligible player, due to age or eligibility, has participated in the CYO Program.
2. A team discovered to have an ineligible player on its original team roster because of age or eligibility will result in the possible reprimand and/or suspension of the Team Manager/Coach for the remainder of the CYO year.
3. A player discovered to be ineligible because of age or eligibility is automatically suspended for the balance of the CYO League or event and is subject to possible further suspension for the balance of the CYO year.
4. An ineligible Player added by an **Add/Drop Form** to an official team roster participating in a league contest will result in forfeiture of game(s) involved and exclusion of said team from advancement to compete in city playoff competition. ***The team Manager/Coach is subject to suspension.**
5. After the replacement date, team(s) found to have ineligible player(s), must drop player(s). However, the team must have enough players left on the team to make a legal team, as required by that sports rule.

VIII. Protests – *Protest Form* must be completed, signed, and submitted as indicated within time.

- A. No Protest - There will be no protests on judgement calls or rule violation of CYO Rules.

B. CYO Rule Violations – CYO Rules violated must be addressed and rectified immediately between Head Umpire and Head Coaches through an appeal.

1. Appeal a Call – A Coach must call “time” before the next live ball and explain to the official the violation observed and **physically** show him/**her** the **violated** rule **within the Official CYO Handbook (copies or internet will not be allowed)**. If the coach cannot perform this, it will be up to the official to support his official call or overturn. Note: If call is overturned, a time out will not be assessed to team.
2. Soccer – No Protests for any rule violations.

C. NFHS Rule Violation – Must be submitted within 48 hours.

1. Zone Games
 - a. Coach must fill out *Protest Form*, **pay fee**, and submit it to the Zone Athletic Director
 - b. Athletic Director will then forward it to Zone Commissioners and set up a date, time, and location for hearing.
 - c. Zone Commissioners will have no more than 7 days to conduct a hearing.
 - d. Appeals to CYO Athletic Director must be submitted within 48 hours.
2. City Playoffs
 - a. Coach must fill out *Protest Form*, **pay fee**, and submit it to the CYO Athletic Director
 - b. CYO Athletic Director will then **meet with the specific City Sports Commissioner and make a ruling or if needed, will** forward it to the Executive Council and set up a date, time, and location for a final ruling.
 - i. **A final ruling will be executed** no more than 7 days after receiving *Protest Form*.
 - ii. In case of a hearing, at least 8 members must be present to have a quorum. (Zone Presidents may send a Zone Representative in their place.)

D. Player Participation

1. Any Protests on player participation must be accomplished immediately after the game, prior to signing of scorecard or scorebook.
 - a. Zone Games
 - i. Zone President and Zone Athletic Director will rule on Protest if Site Coordinator can not make a ruling immediately after game. (Another Zone Officer can rule in place of any conflicts of interest)
 - ii. Appeals to CYO Athletic Director must be submitted within 48 hours.
 - b. City Playoffs
 - i. CYO Athletic Director will rule on Protest if Site Coordinator can not make a ruling immediately after game.
 - c. Any Protests on Player Participation submitted one week prior to playoffs will be addressed by Zone within 48 hours.

E. Protest Fees: Must be submitted with Protest Form

1. Zone League Play- \$25.00
2. City Playoffs or Appeals to Executive Board - \$50.00

IX. Emblem and Uniforms

A. CYO Patch

1. The CYO patch is the official emblem of CYO Athletics therefore must be worn. Please refer to this CYO Handbook. Each Zone has the option to set a two week grace period. Players violating this rule will be barred from any further participation in that game or event until he/she becomes eligible by wearing the patch. There is no team forfeiture unless a team does not have the required number of Players with CYO patches to begin game. Additional emblems are available at the CYO Office for \$1.00 Note: The patch must not be stapled or pinned on.
2. If CYO Patch falls off during play, the player will be allowed to continue play for the remainder of present game.

B. Uniform

1. All uniforms or playing apparel must have parish or school name on the shirts and must be larger than the team name or logo. Uniforms or playing apparel must coincide with parish or school color(s). Uniforms or required equipment may not be personalized, **which means no names are allowed on any part of the uniform.** Parish or school colors may not change for a period of six years.
 - a. **Penalty: Team will be given one warning and allowed to continue playing the current game. Uniforms must be replaced or permanently repaired in order to continue. Team will not be allowed to play another game until this has been corrected.**
2. All buying of uniforms must be coordinated through the parish, parents must be informed of any additional uniform costs at time of registration, and no more than \$60.00 will be spent on a shirt, jersey, and shorts or pants. If the parish is buying the uniforms they cannot be included as part of the participation fee.

X. Affiliated Leagues and Restricted Teams

- A. When all possibilities have been exhausted in attempting to follow the official Division, approval will be granted to form a league affiliated with the CYO. This written approval must be given for each league in each sport. Parish intramural program (noncompetitive) will be heartily approved.
- B. Teams that do not comply with the CYO General Rules and/or Sports Programming Rules are allowed to participate in their Zone, with each Zone establishing that status of each team. These teams are considered Restricted Teams and will not advance into the City Playoffs. Teams that are restricted because of age are strongly discouraged, but if allowed, only two (2) overage players can be on any one team, and only one year difference as CYO age. Overage player may not dominate game, zone official and officers are required to monitor. All Restricted Teams must follow registration procedures.

XI. City Playoffs and Awards

- A. The CYO Office will determine the type, dates, and policy of the playoffs per sport, basing its decision on the number of Zones involved in the City and the number of teams involved in the Zone and the rules as stated per sport in the CYO Sports Rules. (The number, type and presentation of awards in League play will be determined by each League.) Trophies or awards for City Championship Playoffs will be furnished by the CYO Office. Awards (individual) will be presented to City Champion and City Runner-Up Team Members. Any penalty for violations in the City Playoffs will be assessed by the CYO Athletic Director.
- B. In order for a Zone to be represented in City Playoffs, three (3) teams must be participating in a Zone League within a certain division.
- C. All qualifying Zones under XV – B must send a representative to City Playoffs, unless authorized different by CYO Director.
- D. If only one league is formed in any division on a city-wide basis, it must consist of at least four Parishes.

XII. Schedule, Scorebooks, and Lineups

- A. In drawing up schedules, each CYO Inter-Parochial Zone will request a letter from each Pastor stating “open dates” for the Youth of his Parish and the schedule of Parish religious formation program classes. No CYO league activity may take place in conflict with the Parish religious formation program. A copy of all league schedules must be forwarded to the CYO Office Prior to league opening. Failure to comply will result in exclusion of league or division involved from City Playoffs competition. Please check calendar in front of CYO Sports Handbook for designated open dates. POLICY: To facilitate the family’s participation in the Sunday Mass and Sunday parish religious education, League games and team practices will not be scheduled

before 12 noon on Sundays.

B. Rescheduling

1. Once schedule is finalized and distributed, there will be “No Schedule Changes”
2. Rainouts
 - a. Written notification and confirmation must be recorded prior to rescheduling rainouts.
 - i. Coach and Parish Athletic Director or Official
 - ii. 72 hours prior to rescheduled time

C. No Call or No Show – Is considered when a Coach does not call 24 hours prior that they will not have a full team to legally play. Note: If a few players and at least one coach shows up, this is not considered: “No Call or No Show”

1. **Penalty: \$100.00 fine assessed to Team Parish paid in full to host parish or host Zone.**
 - a. **10 days to pay fine**
 - i. **Penalty: All parish teams will be restricted from City Playoffs from current sport season and Head Coach’s Certification is suspended until he/she retakes Coaches Certification Course.**

D. All scorebooks in league play and City Playoffs will be kept in a secure place and handled only by authorized persons within the Zone. Any Zone failing to comply will be subject to possible elimination in that particular league from City Playoffs. (This includes tampering of scorebooks in any game.)

E. Line-ups must be in the hands of the official scorekeeper (or site coordinator, if the game is in progress) 15 minutes prior to scheduled game time, with the correct number of players and full names as they read from the Team Roster **Penalties – Will vary according to sport. (See Handbook)**

F. All players on the official roster must be included in the line-up with player(s) absent, injured or sick being indicated.

G. Injured Player – A player that is not physically capable of participating and fully competing in a regulation game.

In CYO sponsored Pre-Season, Holiday, or Championship Playoffs, a team involved in such an event is responsible for its own schedule of games including time and site. Each Manager/Coach will be held responsible to verify with the CYO Office in case of doubt, or lack of official notification. The CYO Office will not be held responsible for a team’s failure to appear for a scheduled game or event due to failure to comply with the above. All CYO Program Officials (parish, zone, city level) are to submit rule change proposals to the CYO Sports Director. These proposals will then be compiled and released to all officials at least two weeks in advance of the Rules Meeting and they will be reviewed at the Rules Meeting.

CYO FLAG FOOTBALL RULES
CYO Flag Football Commissioner
Albert Gonzales

Registration Closing Date: August 7, 2011
Practice Starting Date: August 1, 2011
Suggested Opening Date: September 9, 2011
Roster Deadline: Week to Official League Opening
Rosters Due (by appointment) August 29-September 1, 2011
Closing Date: November 3, 2011
City Playoffs: November 4 – November 13, 2011
City Audit for Playoffs- October 24, 2011- October 26, 2011

SECTION A. PROGRAMS RULES (CYO POLICY)

- A. Divisions-**Tot,Tiny,PeeWee. Mite, Cubs and Juniors. Mixed Team Boys & Girls on the same team will be permitted in the Tots thru Mites.
- B. Registration-** According to General Rules:
- C. Roster-**Maximum of 16 and minimum of 10 players per team for Tot-Mites, Cub & Junior maximum of 12 and minimum of 8. No players may be replaced on the original roster after September 27, 2010(See General Rules).
- D. Officials-** According to each league. Two or more officials should always be furnished whenever possible. The league is responsible for the assignment of all game officials (including scorekeeper and/or timekeeper)
- E. Flags-**Each Team will be responsible to provide their own approved belts and flags for official games. Red flags are for ineligible receivers (Center & 2 guards) Flags will be 17” by 2”. Flags must be worn on the side of the hips. Belts will be stick-on type (Velcro). Penalty 10 yards and loss of downs.
- F. Field dimensions** – The field will consist of 45 yards – 50 yards in width & 80 yards in length and a 10 yard end zone on each side. (Total Dimensions 80 yards X 100 yards)
- G. Time Periods** - A full game will consist of **four quarters of eight minutes.**
- a. Clock will stop for only timeouts and injuries.
 - b. **7 Play Period will go into effect at the 6 minute mark of the 2nd and 4th quarters.**
 - i. **There will be 7 total plays left. Punts will count as a play. Extra points will not count as a play.**
 - c. **Each team will have two 30-second time outs per half that do not carry over to overtime and one overtime timeout.**
 - d. Overtimes will start with a coin toss. The team winning the coin toss will choose either offense or defense first, while the other team will choose the direction that both teams will go.
 - e. Overtimes determine the winner by each team getting four plays each from the 40-yard line. An interception (which can not be returned) will automatically end their 4-play series. The object is to score, if neither team has scored, at the completion of their plays, then the winner will be determined by yardage. Any negative yardage will be “0”. If we still have a tie at the end of 4 plays, then each team will alternate 1 play at a time until we have a winner.
- H. Suspension of Game-** A game suspended by rain or other similar circumstance before the completion of the first half will not be an official game. This game will be replayed at a later date. However, when one complete half is played, the said game becomes an official game.
- I. League Championship-**Will be determined at the Zone Level.
- J. City Championships** - Top two teams of each Zone will be advancing to a single elimination City Playoff.

SECTION B. PLAYING RULES (CYO POLICY)

A. Starting the game

- a. A coin toss will determine the first possession. The team winning the toss will get the option of taking the ball or deferring their option till the 2nd half. The opposing team will then get the option to choose a goal to defend. Teams will automatically switch sides for the 2nd half.
- b. The offensive team will take possession at the 20-yard line.
- c. Each team must have 8 players on the field at all times and no coaches. Exception: Tots and Tinys are allowed one coach which must be behind official when play starts)
- d. First downs – first downs will be pre marked every 20 yards. (20, 40, & 20-yard lines)

B. Flag

- a. Flag must be detached from the belt and held by the defensive player pulling the flag. Flag may be pulled from either side of the hip (only one necessary). However, once flag becomes detached from the belt no further forward progress is allowed. It is mandatory that player pulling flag hold it high in the air thus aiding the officials whistling stoppage of play.
- b. An eligible pass receiver who has been deflagged will be allowed to catch a pass, but no further progress will be allowed.
- c. If intentional deflagging occurs then pass interference will be called and a 10 yard penalty for unsportsmanlike conduct will be assessed.

C. Number of Players -All divisions will consist of 8 players on the field.

- a. Teams are allowed to start and play with 7 players Tot thru Mites and 6 players in Cubs. A team will forfeit if unable to start the game with the correct number of player at game time (In case of injury the game can continue with less than 7 or 6 player on the team).

D. Size of Football

- a. Tot, Tiny & PeeWee - No. LF6-S
- b. Mites will use a Junior ball, No. CF-7
- c. Cubs, Juniors will use an official No. CF-9 or equivalent. A rubber ball will be used for official leagues games and championship.

E. Equipment- Players are allowed to wear rubber or molded cleats, soft rubber sole shoes (tennis or cross country) or the all purpose athletic shoe(soft, rubber sole) only. No aluminum tipped or metal cleats permitted. Players are permitted (and encouraged) to wear supporters with a cup.

F. Substitutions – No substitutions until all players have played two complete quarters.

G. Scoresheets – After the game the coach of each team will sign the official score sheet verifying score and that their teams complies with all CYO Rules.

H. Offense

- a. Each play will start with the center snapping the ball through his legs either direct snap or shotgun snap. (Center sneaks will not be allowed)
 - i. Tots & Tinys are allowed to side snap (Ball is dead if snaps hit ground at any time)
 - ii. Pee Wee & Up can field snap off the ground if fielded cleanly. (Ball is dead if it goes past QB or hits the ground once the QB has touched it)
- b. Each team will have 4 plays to get to the next first down marker. On fourth down the offensive team must declare if they will punt or go for the first down. Once this is declared the offensive team must proceed with what was declared or take a timeout in order to change their mind.
- c. Offensive Line – Must consist of a center and two guards on line of scrimmage. Each guard must be lined up within one yard from the center.
- d. Blocking – **All blocking must be done at or behind the L.O.S. Numerous screen blockers are allowed or none at all. Blocking must be conducted with the player's hands on their chest. Any extension of hands away from chest is considered an "Illegal Block".** They will not be allowed to hook a defender either with their legs, feet, or elbows. No cut blocks or ducking their head will be allowed while attempting a block. Down field blocking will not be allowed.
- e. Quarterback – Can throw the ball forward only once while behind the line of scrimmage (L.O.S.) or handoff or lateral the ball numerous times, and is allowed to run. However, the QB can not run the ball anywhere between the two guards. Once the ball has passed the line of scrimmage forward passes are not permitted.

- f. Receiving – All players but the center and two guards are eligible to receive a pass. These ineligible receivers must be wearing red flags. (Including the quarterback if the ball has been handed off or pitched behind the L.O.S.).
- g. State of No Control – The ball carrier may spin or jump in order to avoid defenders, **but may never attempt to hurdle over a defender.** However, these movements are considered “State of no Control” and if the offensive player makes contact with the defender, a penalty will be given to the offensive team of Illegal Contact.
- h. Protecting the flag (Flag guarding)- is illegal. The ball carrier **MUST** give the defense a fair chance to take the flag. Any attempt by the ball carrier to knock the hands of the defense away from the flag shall draw a 10 yard penalty from the spot of the infraction; Spinning is legal as long as the ball carrier keeps his hands and arms above the flag in order to avoid the penalty.
- i. “Sleeper” or “Hideout Plays”-not permitted. When huddling all players must be present. Penalty-10 yards.
- j. Only one player is allowed to be in motion at a time parallel with L.O.S.
- k. A player must have at least one foot inbounds when making a reception.
- l. Substitutions can only be made on dead balls
- m. Punts – Are optional and this intent must be declared to the referee. If a team elects not to punt, the ball will be placed 20 yards from the spot of the 4th down. But not closer than the 15 yard line from the receiving teams end zone. If a team declares punt. Punting team must have all their players on the L.O.S. The punter will receive the snap through the legs of the center and punt away. The players on the L.O.S. are not allowed to leave until the ball is punted. (Punts are free plays, regardless if the snap is dropped)
- n. Safety – Teams will line up and follow same procedures as punts. Punting team will place all players on 35 yard line and punt ball behind at this point. Receiving team will place their five “dead players” on a knee on at their 35 yard line with the receiving three behind them to receive the ball.
- o. Dead balls consist of:
 - i. Ball carrier’s flags pulled
 - ii. Ball carrier steps out of bounds
 - iii. A score
 - iv. Ball carrier’s knee hits the ground
 - v. Ball carrier’s flags fall out. There are no fumbles; ball is spotted dead where it hits the ground. (However, if ball is fumbled during last two minutes of 1st and 2nd half, the clock will continue to run.)

I. Defense

- a. Defensive Line – All defensive players must be at least 1 yard from line of scrimmage. Any player/s is allowed to rush.
- b. Rushers are not allowed to make aggressive contact with the blockers or screens at anytime.
- c. Bump and run is not permitted.
- d. Interceptions – Are allowed, however, no other players are allowed to screen block while the interceptor is attempting to return the ball.
- e. Punt returns – 5 players are required on the L.O.S. The players on the L.O.S. must take a knee and are considered dead players. During this play they are not allowed to do anything. Punt returners must field the ball cleanly in the air or off one bounce. Once the ball hits the ground a 2nd time, it is considered down at that spot.
- f. Tackling or pushing out of bounds is not permitted. Putting both arms around the ball carrier below the waist, or throwing him off his feet shall be considered tackling. Obviously, holding with no intention of trying to get the flag, or putting both arms around the waist and sliding down shall be considered tackling. The defensive man may not grab the arm of the ball carrier in order to stop him. Penalty-10 yards.

- J. Coaching Area-** Coaches and substitutes must remain between the 20 and 20 yard line nearest their bench. Penalty-10 yards. In the Tot-Tiny Divisions, one (1) coach is allowed on the field with the offensive team and defensive team and must be behind the official when the play begins.

K. Player Participation- Each player shall participate in two uninterrupted complete quarters. The player must be on the field during the entire quarter for both offense and defense.

- a. **Penalty-Forfeiture of three league games at the end of the season**
- b. **Penalty in City Playoffs - Forfeiture of Game.**

L. Penalties

- a. General
 - i. Failure to have shirt or belt ends tucked in properly – 5 yards
 - ii. Unsportsmanlike conduct on the part of players, coaches, or fans – 15 & A.F.D.
- b. Offense
 - i. Illegal motion – 5 yards & loss of down (l.o.d.)
 - ii. Illegal forward pass – 5 yards & l.o.d.
 - iii. Offensive pass interference – 10 yards and l.o.d.
 - iv. Flag guarding – 10 yards from point of infraction (p.o.i.).
 - v. Delay of game (25 second play clock)– 5 yards & reset down.
 - vi. Sleeper or “hide-out” play – 10 yards
- c. Defense
 - i. Offsides – 5 & A.F.D.
 - ii. Interference – 10 yards & A.F.D.
 - iii. Illegal contact – 10 yards & A.F.D.
 - iv. Illegal flag pull – 10 yards & A.F.D.
 - v. Illegal rush – 10 yards & A.F.D.
 - vi. Tackling or pushing out of bounds – 10 yards & A.F.D. (if the defender pushes the ball carrier out of bounds to keep the player from scoring, the ball will be placed on the 1-yard line)

M. Scoring

- a. Touchdown: 6 Points
- b. Extra Point:
 - i. 1 Point from 3 yard line (Run)
 - ii. 2 Points from 3 yard line (Pass)
- c. Safety: 2 Points
- d. The flags crossing the end zone and not the ball determine a score, as well as spot of the ball.

N. Good Sportsmanship Rule: If a team is winning by 20 or more points at the 2-minute mark of the 2nd half. The winning team will not be allowed to make adjustments to run up score and clock will not stop while they are on offense. **Penalty: Head Coach will be suspended for one full game.**

CYO SOCCER RULES
CYO SOCCER COMMISSIONER
Rey Mendoza

Registration Closing Date: August 7, 2011
Practice Starting Date: August 1, 2011
Suggested Opening Date: September 9, 2011
Roster Deadline: Week to Official League Opening
Rosters Due (by appointment) August 29-September 1, 2011
Closing Date: November 3, 2011
City Playoffs: November 4 – November 13, 2011
City Audit for Playoffs- October 24, 2011- October 26, 2011

SECTION I. - LEAGUE RULES (CYO POLICY)

- A. **Divisions** - Tots, Tinys, Peewees, Mites, Cubs and Juniors. Mixed Team - Boys and Girls on the same team will be permitted only in the Tot thru Cubs divisions.
- B. **Registration** - According to the General Rules.
- C. **Roster**
- a. Tot: Maximum 12; minimum of 8 players per team
 - b. Tiny - Peewees: Maximum 16; minimum of 10 players
 - c. Mite - & above: Maximum 22; minimum of 11 players
 - d. No player may be replaced on the original roster after September 27, 2010.
- D. **Officials** - According to each League. There should be two field officials. The referee's responsibilities are to officiate a game according to the National Federation rule (except where CYO rules prevail) and to keep track of who scores the goals and keep the time and score. The referee will have all players report to him at the start of the game, and at each quarter. All players will report by number. Referee shall keep a written record of all substitutions in the game.
- E. **Player Participation** - All players in attendance must play two complete quarters each game.
- a. **Penalty - Loss of one game for each infraction and forfeiture of game in which violation occurs. It is the Coordinator's responsibility to uphold the participation rules.**

A. City Playoffs

- a. Roster of team advancing to the City Playoffs must be submitted to the CYO Office by 12:00 noon, October 22, 2010.
 - i. **Penalty: Team allowed into City Playoffs.**
- b. Top two team from qualifying Zones will enter a single game elimination tournament to determine a City Champion and Runner Up.

B. SECTION II. - PLAYING RULES

The National Federation Rules Book for 2010 will govern play, except where CYO Rules prevail.

A. Size of Field

- a. Tots: 40 to 50 yards X 40 to 50 yards
 - i. No Player Arc(2010-2011)
 1. An arc will be marked with a string dead center of the goal and extended along the baseline to three (3) feet past the side bar of goal. The string will then be stretched and an arc will be marked to the other side of the goal. No players will be allowed in this area.
 2. If a defender makes contact with the ball in this area, the result is a goal for the team that attempted the goal.
 3. If an offender makes contact with the ball in this area, the result is a goal kick from the top of the arc with all defenders behind the mid field line.
 - ii. No Throw In (2010-2011)

1. In order to put the ball back into play after the ball has gone out of bounce, the player must kick the ball in from the side line.
- b. Tiny & Pee Wee: 50 yards X 70 yards
 - c. Mites, Cubs, & Juniors: 60 yards X 100 yards
 - i. Mid field line at 50 yards
 - ii. Center circle – 10 yard radius
 - iii. Goal area – 6 yards X 20 yards
 - iv. Penalty area – 15 yards X 30 yards
 - v. Penalty kick mark – 12 yards from goal (Adjust as needed based on field dimensions)
- B. Goal size (whatever is available)**
- a. Tots, Tiny, & Pee Wee – Smaller than regulation (recommended)
 - b. Mites, Cubs, & Juniors - 6 ft. high x 12 ft. long
 - c. City Playoff will consist of 8 ft. high X 8 yards wide per National Federation
- C. Ball**
- a. Tot - No. 3
 - b. Tinys & Peepees - No. 4
 - c. Mites, Cubs, & Juniors - No. 5
- D. Players Equipment** - All players must wear a uniform which has a number either on the front or back which is three inches or larger.
- E. Shoes** - Tennis shoes, cross country or cleat athletic shoes without the hard toe may be worn.
- F. Substitutions:** Substitutions will be made only between quarters. All players must report to the referee at the beginning of the quarter. After all of a team's players have played two complete quarters, substitution will be allowed in accordance with National Federation Rules for that team. Referee will notify both teams when they are eligible for free substitution.
- G. Number of Players**
- a. Tots – 6 no goalie
 - b. Tinys & Pee Wee – 8
 - c. Mite – 11
 - i. All divisions at Tiny and above will have a goalie.
- H. Time Factor – CYO**
- a. Tot - Four-10 minute quarters with 2 minute rest between quarters and 5 minute rest at half
 - b. Tiny - Four-10 minute quarters with 2 minute rest between quarters and 5 minute rest at half
 - c. Pee wee - Four-10 minute quarters with 2 minute rest between quarters and 5 minute rest at half
 - d. Mite - Four-10 minute quarters with 2 minute rest between quarters and 5 minute rest at half
 - e. Cub - Four-15 minute quarters with 2 minute rest between quarters and 5 minute rest at half
 - f. Junior - 45 minute periods with 5 minute rest at half
 - g. In League Play - The score of the game shall then stand as official, with the following exception: Time shall be extended beyond the expiration of any period only to permit a penalty kick to be taken.
 - h. The following point system will be used.
 - i. Win - 2 points
 - ii. Tie - 1 point
 - iii. Loss - 0 points (Tie in total points-head to head) (Zone option).
- I. Ties (City Playoffs & League Playoffs)**
- a. In case of a tie, the game will go into an overtime period which will consist of one 10 minute period. If teams are still tied after overtime period, teams will take shots from the penalty mark. On a flip of a coin, the coach will (a) select goal from where both teams will kick or (b) who will shoot first. Coach losing coin flip will pick the option left. Each team will select five players and goalkeeper to defend shots on the goal. Teams will alternate taking shots. If this results in a tie, five other players will shoot, but no player will go twice until all team members have kicked once.
- J. Girls** - are allowed to cross their arms over their chest to block the ball.

CYO VOLLEYBALL RULES
CYO VOLLEYBALL COMMISSIONER
Jim Graham

Registration Closing Date: August 7, 2011
Practice Starting Date: August 1, 2011
Suggested Opening Date: September 9, 2011
Roster Deadline: Week to Official League Opening
Rosters Due (by appointment) August 29-September 1, 2011
Closing Date: November 3, 2011
City Playoffs: November 4 – November 13, 2011
City Audit for Playoffs- October 24, 2011- October 26, 2011

SECTION I. - LEAGUE RULES (CYO POLICY)

- A. Divisions** - Tiny through Juniors (Girls), Tiny through Juniors (Boys), and Juniors (Co-ed), see General Rules.
- B. Registration** - According to the General Rules.
- C. Player Participation** - Every player of a CYO Volleyball team must play in at least one full (complete) game in one of the first two games in each match.
- D. Penalty** - forfeit of match.
- E. Match** - Each match will consist of three games (Rally scoring). First two games will be 25 point cap. The third game will be 15 points with no cap but must win by two points. In the city playoffs the third game will be played only if needed.
- F. Roster** - Player limit minimum of 8 players maximum of 12. No player may be replaced on the original roster after September 27, 2010. (See General Rules.)
- G. Uniforms** - Shirts **must** be permanently numbered at least once on the front of the shirt with a 3 inch number or larger **and on the back of shirt with a 6 inch or larger**. No one team may have two players with the same number.
- a. **Penalty: Participants not permitted to play. Decision regarding uniforms will be in the hands of the League Coordinator or Volleyball Commissioner.**
- H. CYO Patch** - Is the official emblem of the CYO Sports Program and must be permanently attached (e.g. sewn on) to the left sleeve of the shirt or front of the shorts (See General Rules).
- I. Net**
Tinys & Peewees - 6'4"
a. Mites, Cubs, & Juniors - 7' 4 1/4", Co-ed 8'.
- J. Loss of ball** - On losing ball, player should return ball to opponent's court underneath the net.
- K. Size of court**
a. Tiny & Peewee 1 - 25' x 30'
b. 2nd yr Peewee, Mites, Cubs and Juniors 30' x 30'
- L. Serves** – Tiny players will be allowed to attempt serves from five feet (5') within service line. **They will be serving 20' from net.**
- M. Line-Ups** - Team line-ups must be in the hands of the scorer at game time. Penalty - Forfeiture of 1st game. Players absent, injured or sick must be indicated.
- N. Officials** - At least one referee and one scorer. Each team should provide a linesman.
- O. Timeouts & Substitutions** - Two Time-outs per game, 30 seconds each. Six substitutions are the maximum permitted per team per game. A starting player may leave a game and re-enter only once, to the previous position in the line-up. A substitute may enter only once per game. Only two players per position per game.
- P. Forfeiture** - Games **MUST** be started on time. If one team does not have 6 players to begin the game, said team forfeits first game by a 15-0 score. Within the next 15 minutes said team must have the required number of players or forfeit entire match.
- Q. City Playoffs** - First and second place teams will compete when there are less than four Zones participating in league play. If there are four or more Zones participating in League play, first place team will advance to City Playoffs plus other qualifying teams. Rosters of teams advancing to City Playoffs must be submitted to

the CYO Office by noon October 15, 2010. Bracket setup will be determined by CYO Athletic Director and Volleyball Commissioner.

SECTION II. - PLAYING RULES

The National Federation Official Rules Book for 2010 will govern play, except for the following changes:
Rule 3, Section 3 - The Ball: Tiny, Peewee & Mite will use a Volleyball Lite Ball 7.0 - 8.0 oz.

**CYO BOYS BASKETBALL RULES
CYO BASKETBALL COMMISSIONER
TBA**

Registration Closing Date: October 30, 2011
Practice Starting Date: October 31, 2011
Suggested Opening Date: December 2011
Roster Deadline: Week prior to Official League Opening
Roster Due (by appointment): November 16-November 21, 2011
Closing Date: February 12, 2012
City Playoffs: February 13-19, 2012
City Playoff Audit: February 6- February 8, 2012

SECTION I. - LEAGUE RULES (CYO POLICY)

- A. Divisions** - Tot through Juniors. (See General Rules)
- B. Registration** - According to the General Rules. All rosters must be in the CYO Office by 5:00pm the day prior to official league opening. No player may be replaced on the original roster after January 3, 2011.
- C. Eligibility** - According to CYO Rules. No player on a Senior High School Varsity team (suing up with team), Junior college team or College team will be permitted to participate in a CYO League.
- D. Player Participation**
- a. A player whose name appears in the official scorebook of a CYO basketball game must play two full quarters in said game (that the player is in attendance). A minimum of seven able players are required to start a ball game.
 - b. All players must sit out one full quarter. (Exception—if all players have played 3 quarters and team is reduced to less than 5, a player may play more than 3 quarters.)
 - c. An injured player who must be taken out of the game and is able to re-enter that quarter will get credit for that quarter.
 - i. If a player has to replace an injured player or one that has fouled out, it must be a player that has played the least amount of time.
 - d. **Penalty - Forfeiture of game. (All players on the roster must be entered in the scorebook.)**
 - e. Junior Division only - A minimum of five players in the Junior division start a ball game. Before the start of the third quarter, the team must have six players at the game or **forfeit the game.**
 - f. During the City Playoffs, the above rule will stand with the following exception: A team will have to play only as many players as the opposing team has at the game. (Teams with over ten players can only match up to eight or nine players.) All other players must play one quarter. All players must play two quarters every other game.
- E. Player Limit** - There is a maximum of 12 and a minimum of 9 per team roster.
- a. Example: Teams that are carrying more than ten players are not subject to the two quarters for player per game rule. Those players who do not play two quarters must play at least one full quarter this game and must play two full quarters the next game they are present. But must at least play one full quarter this game.
 - b. Exception: In league games during the weekdays Monday-Friday and holiday weekend. A team may start with six, but must have seven before the start of the third quarter.
- F. Line-Ups** - **All line ups are due to scorekeeper at least 15 minutes before scheduled game time. Lineups not submitted by scheduled game time will result in a Double Technical Foul to team and a Technical Foul to Head Coach. Double Technical Foul consists of two shots and possession for opposing team.**
- G. Uniforms & Equipment** - Uniforms are not mandatory in the CYO Basketball program; gym shorts without pockets and jerseys and/or shirts must be worn. All jerseys or shirts must be the same one color. **All players using an undershirt must wear the same color or none at all.** All Tot, Tiny & Peewee players must wear knee pads.
- a. **Penalty (for knee pads) - Player will not be allowed to play.**
- H. CYO Patch** - Is the official emblem of the CYO Sports Program and must be permanently attached (e.g. sewn on) to the lower front of the basketball shorts or the sleeve of the shirt. **NO EXCEPTIONS.**
- a. **Penalty, See General Rules.**

- I. **Officials** - All officials will be furnished by each Association.
- J. **City Playoffs** - City Playoffs will be held the week of February 13, 2011. In the event that a team is required to play two (2) games in one day, said teams have a minimum of one hour between games. All Associations will submit to the Basketball Commissioner, through the CYO Office, a team roster of teams advancing to City Playoffs not later than Friday, February 4, 2011. Bracket setup will be determined by CYO Athletic Director and Basketball Commissioner.

SECTION II. - PLAYING RULES

The National Federation Official Basketball Rules Book for 2011 will govern play except for the following changes:

- A. **CYO Basketball Games** - will be played according to available facilities. This means disregarding specified dimensions as stated in Section 1 of Rule 1.
- B. **Rule 1, Section 12, Balls - Specifications.** Balls. For Tots Division: Mini size basketball (22 1/2"). For Tiny & Peewee Divisions: Junior size basketball (27 1/2 - 28"). For Mite Division: Intermediate size basketball (28 1/2 - 29"). For Cub & Junior Divisions: Official size basketball (29 1/2 - 30").
- C. **Rule 2, Section 1** - Not Applicable. Officials required for an official CYO BASKETBALL LEAGUE GAME ARE: Two Referee, One Scorer and Timekeeper. (Whenever possible timekeeper and scorer responsibilities will be handled by separate individuals.)
- D. **Rule 3, Section 4, Art. 3** - Each player shall be numbered on the front and back of shirt with clearly visible, plain Arabic numerals of solid color, contrasting with the color of his shirt. The number on the back shall be at least six inches high and that on the front at least four inches high. Any digit greater than five shall not be used nor may a number have more than two digits. A zero or a double zero may be used, but a team shall not have both "0" and "00".
 - a. **Penalty - A technical foul when the player enters the game or any time it is discovered after he has entered.**
 - b. **NOTE: Player may play only one complete quarter with an illegal number once it is discovered.**
- E. **Rule 3, Section 5 Article 15-A** Team Jersey designed to be worn inside the pant shall be tucked inside the pant and the pant shall be above the hips and worn properly.
 - a. Penalty: After one warning a technical foul will be assessed against the offending player.
- F. **Rule 5, Section 5** - Not Applicable. **Length of periods**
 - a. Tot – juniors - Four quarters of eight minutes each running time*, with two minutes between quarters and four minutes between halves. Each team will be allowed four timeouts per game. Timeouts may be accumulated.
 - b. A coach may use his time out to question an official if done in a courteous manner and the official is expected to must answer in a courteous manner.
 - c. Overtime periods will be four minutes each. In case of overtime, each team will be allowed at least one timeout per overtime period. (*Running time means that clock is stopped only when the whistle is blown for foul shots and timeouts.)
 - d. **Sportsmanship: When a team is ahead by twenty-five or more points the team ahead may not shoot lay-ups, no fast breaks and must use a zone defense inside the key. These restrictions will apply until the lead is reduced to a 15 point lead.**
 - e. **Penalty: For continuing to run up the score, technical and possible suspension of Head Coach.**
 - f. During League Play and the City Basketball Playoffs the clock will be stopped for all dead balls as specified in the Rules Book during the last two minutes of the ball game.
- G. **TINYS & PEEWEES ONLY**
 - a. No pressing in the backcourt. (Players must be allowed to cross the top or bottom of the center circle, which is five feet from the center line.) Repeated violation will result in a technical foul (after one warning).
 - i. No defending player will be allowed to pick up a loose ball, once the offense has established possession in their backcourt.
 - b. Previous rule may not be used as a delaying tactic by the team in control. Ball will be turned over.

- c. Foul line - 18" shorter than regulation foul line.

H. TOTS & TINYS ONLY

- a. No double dribble will be called.
- b. Taking more than two steps without bouncing the ball will be considered traveling.
- c. Once a player stops dribbling the player cannot start a new dribble (i.e must pass or shoot the ball). (Violation: ball is turned over)
- d. The three-second rule under the basket will be extended to five seconds.

I. TOTS ONLY

- a. Teams may consist of males and females on the same team.
- b. No defending a player until the ball is advanced **within the 3 point arc.** (Players must be allowed **to enter arc.**) Repeated violation will result in a technical foul (after one warning).
- c. **There will be no pressing or double/triple teaming of player at any time. Repeated violation will be result in a technical foul (after one warning).**
- d. No double dribble or traveling (as Stated in Tiny section 2 & 3) will be called until the ball is advanced **within the 3 point arc,** but running with the ball will not be allowed (Violation: ball is turned over.)
 - i. **Note: The 3 point arc will be considered the center line and all rules that apply to the center line will be enforced, this includes back court.**
- e. **Last two minutes of 2nd and 4th quarter will not restart clock after dead balls until ball has advanced within 3 point arc.**
- f. Fouls will be called, and reported, but no foul shots will be taken, ball is turned over.
- g. No shooting a basket beyond the three point line will be allowed (violation).
- h. One coach will be allowed to stand on the opposite side of their bench.
- i. Delaying tactic by the team in control will not be allowed. Ball will be turned over.

J. TOTS, TINY & PEEWEE

- a. In last two minutes of the game, on a dead ball, clock will not start until ball crosses center court/

Full Court Press – A defensive style in which the defense applies man to man or zone defense to pressure the offensive team the entire length of the court before and after the inbound pass. Some presses attempt to deny the initial inbounds pass and trap ball handlers either in the backcourt or at midcourt

CYO GIRLS BASKETBALL RULES
CYO BASKETBALL COMMISSIONER
Letty Gomez

Registration Closing Date: October 30, 2011
Practice Starting Date: October 31, 2011
Suggested Opening Date: December 2011
Roster Deadline: Week prior to Official League Opening
Roster Due (by appointment): November 16-November 21, 2011
Closing Date: February 12, 2012
City Playoffs: February 13-19, 2012
City Playoff Audit: February 6- February 8, 2012

SECTION I. - LEAGUE RULES (CYO POLICY)

- A. Divisions** - Tiny through Juniors. See General Rules.
- B. Registration** - According to the General Rules. All rosters must be in the CYO Office by 5:00pm the day prior to official league opening. No player may be replaced on the original roster after January 3, 2011.
- C. Eligibility** - According to CYO Rules. No player on a Senior High School Varsity team (suiting up with team), Junior college team or College team will be permitted to participate in a CYO League.
- D. Player Participation**
- a. A player whose name appears in the official scorebook of a CYO basketball game must play two full complete quarters in said game (that the player is in attendance). A minimum of seven able players are required to start a ball game.
 - b. All players must sit out one full quarter. (Exception--if all players have played 3 quarters and team is reduced to less than 5, a player may play more than 3 quarters.)
 - c. An injured player who must be taken out of the game and is able to re-enter that quarter will get credit for that quarter.
 - d. If a player has to replace an injured player or one that has fouled out, it must be a player that has played the least amount of time.
 - i. **Penalty - Forfeiture of game. (All players on the roster must be entered in the scorebook.)**
 - e. Junior Division only - A minimum of five players in the Junior division start a ball game. Before the start of the third quarter, the team must have six players at the game or **forfeit the game.**
 - f. During the City Playoffs, the above rule will stand with the following exception: A team will have to play only as many players as the opposing team has at the game. (Teams with over ten players can only match up to eight or nine players.) All other players must play one quarter. All players must play two quarters every other game.
 - i. **Penalty - Forfeiture of game. (All players on the roster must be entered in the scorebook.)**
- E. Player Limit** - There is a maximum of twelve players and a minimum of 8 per team roster.
- a. Example: Teams that are carrying more than ten players, are not subject to the two quarters for player per game rule. Those players who do not play two quarters this game must play at least one full quarter this game and must play two full quarters the next game they are present. But must at least play one full quarter this game.
 - b. Exception: In league games during the weekdays Monday—Friday and holiday weekend. A team may start with six, but must have seven before the start of the third quarter.
- F. Line-Ups:** All line ups are due to scorekeeper at least 15 minutes before scheduled game time. Lineups not submitted by scheduled game time will result in a Double Technical Foul to team and a Technical Foul to Head Coach. Double Technical Foul consists of two shots and possession for opposing team.
- G. Uniforms & Equipment** - Uniforms are not mandatory in the CYO Basketball program; gym shorts and shirts must be worn. All jerseys and/or shirts must be the same one color. All players using an undershirt must wear the same color or none at all.
- a. All Tiny, Peewee & Mite players must wear knee pads.
 - i. **Penalty (for knee pads) - Player will not be allowed to play.**
- H. CYO Patch** - Is the official emblem of the CYO Sports Program and must be permanently attached (e.g. sewn on) to the lower front of the basketball shorts or the left sleeve of the shirt. **NO EXCEPTIONS. Penalty, See General Rules.**

- I. CITY PLAYOFFS** - City Playoffs will be held the week of February 13, 2011. In the event that a team is required to play two (2) games in one day, said teams have a minimum of one hour between games. All Associations will submit to the Basketball Commissioner, through the CYO Office, a team roster of teams advancing to City Playoffs not later than Friday, February 4, 2011. Bracket setup will be determined by CYO Athletic Director and Basketball Commissioner.

SECTION II. - PLAYING RULES

The National Federation Official Basketball Rules Book for 2011 will govern play except for the following changes:

- A. Rule 1.** Not Applicable. CYO Basketball Games will be played according to available facilities. This means disregarding specified dimensions as stated in Section 1 of Rule 1.
- B. Rule 1, Section 12, Balls - Specifications.** Balls. For Tiny, Peewee & Mite Divisions: Junior size basketball (27 1/2 - 28"). For Cub & Junior Divisions: Intermediate size basketball (28 1/2 - 29").
- C. Rule 2, Section 1.** Not Applicable. Officials required for an official CYO BASKETBALL LEAGUE GAME ARE: Two Referee, Scorer and Timekeeper. (Whenever possible timekeeper and scorer responsibilities will be handled by separate individuals.)
- D. Rule 3, Section 4, Art. 3** - Each player shall be numbered on the front and back of shirt with clearly visible, plain Arabic numerals of solid color, contrasting with the color of his shirt. The number on the back shall be at least six inches high and that on the front at least four inches high. Any digit greater than five shall not be used nor may a number have more than two digits. A zero or a double zero may be used, but a team shall not have both "0" and "00".
- E. Penalty** - A technical foul when the player enters the game or any time it is discovered after she has entered.
- F. Rule 3, Section 5 Article 15-** A team Jersey designed to be worn inside the Pant shall be tucked inside the pant and the pant shall be above the hips and worn properly **PENALTY: After one warning a technical foul will be assessed against the offending player.**
- G. Rule 4, Section 8 - Bonus free throw.** Beginning with that team's seventh foul. (Common foul). Per half.
- H. Rule 5, Section 5** - Not Applicable. Length of periods for Tinys, Peeweeks, Mites, Cubs and Juniors will be four quarters of eight minutes each running time*, with two minutes between quarters and four minutes between halves. Each team will be allowed four timeouts per game. Timeouts may be accumulated.
- A coach may use his time out to question official if done in a courteous manner and the official is expected to answer in a courteous manner.
 - Overtime periods will be four minutes each.
 - In case of overtime each team will be allowed at least one timeout per overtime period. (*Running time means that clock is stopped only when the whistle is blown for foul shots and timeouts.)
 - Sportsmanship: When a team is ahead by twenty-five or more points the team ahead may not shoot lay-ups, no fast breaks and must use a zone defense inside the key. These restrictions will apply until the lead is reduced to a 15 point lead.**
 - Penalty: For continuing to run up the score, technical.**
- I.** During League Play and the City Basketball Playoffs the clock will be stopped for all dead balls as specified in the Rules Book during the last two minutes of the ball game.
- J. TINY, PEEWEE & MITES FIRST YEAR ONLY:**
- No pressing in the backcourt. (Players must be allowed to cross center line.) Repeated violation will result in a technical foul (after one warning).
 - No defending player will be allowed to pick up a loose ball, once the offense has established possession in their backcourt.
 - Exception: Mite 1 will be allowed to full court press.
 - Previous rule may not be used as a delaying tactic by the team in control. Ball will be turned over.
 - Foul line - 18" shorter than regulation foul line.
 - In the last two minutes of the game, on a dead ball, clock will not start until ball has crossed center court.
- K. TINYS ONLY:**
- No double dribble will be called.
 - Taking more than two steps without bouncing the ball will be considered traveling.

- c. Once a player stops dribbling she cannot start a new dribble (i.e. must pass or shoot the ball). (Violation will result in the change of possession)
 - d. The three-second rule under the basket will be extended to five seconds.
- L. Full Court Press** – A defensive style in which the defense applies man to man or zone defense to pressure the offensive team the entire length of the court before and after the inbound pass. Some presses attempt to deny the initial inbounds pass and trap ball handlers either in the backcourt or at midcourt.

CYO TRACK RULES
CYO TRACK COMMISSIONER
Steve Segovia

Registration Closing Date: January 30, 2011

Practice Starting Date: January 31, 2011

Preliminary Track Meet: March 2011

Preliminary Track Meet Rosters Due: The CYO Office day prior to meet

Preliminary Meet Result forms must be turned in to the CYO Office 48 hours after preliminary meet is held.

NO EXCEPTIONS!

City-Wide Track Meet: Saturday or Sunday, March 19 or 20 2011

SECTION I. - RULES AND REGULATIONS

SECTION I. - RULES AND REGULATIONS

- A. Rulebook** - The 2011 National Federation Track and Field Rules Book will govern the CYO Track and Field Program, except where CYO Rules prevail.
- B. Standard forms** to be used in preliminary track meets will be supplied by the CYO Office. All inter-parochial zones are to use the standard forms listing the participants first and last names and the events he/she will participate in to the CYO Office.
- C. CYO City Track & Field Meets** - For boys and girls. The finals in the CYO Track and Field will be held as listed above at a site to be determined. Events are listed in the CYO Track Rules.
- a. If there are more than three Zones participating, at the City Meet there will be a City Preliminary for the following events in the morning followed by finals in the afternoon of the City Meet for the second place qualifiers in each zone to select the six places in the individual running events and relay teams.
- D. Divisions** - Refer to CYO General Rules for age limits, eligibility and policy.
- a. **Tot relay teams will be allowed to be Coed and must compete in boys division.**
- E. Competitions** - No individual can enter more than one division. No member of a varsity high school track team will be accepted as a competitor in the meet. A contestant will be allowed to participate in only two individual events plus running with the relay team. Any contestant entering more than two individual events or divisions will be automatically eliminated from the Track Meet. Each parish is considered a team. Any violations on the eligibility of a contestant or relay team may have an effect on the parish.
- F. Preliminary Meets** - Preliminary meets will be held to select qualified candidates for participation in the city championship meet. The inter-parochial zone must hold preliminary track meets within their areas to select the first and second qualifiers in all events. This being completed within four days prior to the city meet. These meets MUST consist of not less than three parishes participating.
- a. Awards in the preliminary meet are to be determined by each inter-parochial zone.
- i. **Penalty - Parish not eligible to compete in the city championship meet.**
- G. Substitution** - If the first or second place winner of an individual event is unable to participate in the city finals, there will be NO ALTERNATE. In the relay team, one individual substitute will be allowed in a 4-man team and two individuals in an 8-man team winning the event. Substitute(s) name(s) must be included with team, when results are turned into the CYO Office. In cases of a tie for first place in a CYO preliminary meet, Winner MUST be determined prior to the CYO City-Wide Meet.
- H. Events** - All events should start at the approximate time and follow the schedule of events but are subject to change so all contestants should be present at the start of the meet. As each event is called, the participants in the event will report promptly to the official in charge of the event. If a contestant is participating in another event at the time, he or she must notify officials of both events to prevent from being scratched in one event. (Running events take precedence over field events.)
- I. Officials** - Each inter-parochial Association must furnish enough officials to handle the events that are assigned to them prior to the City Meet. The official referee of the meet will judge on any infraction or any decisions not covered in this directive. The commissioner will appoint the referee of the meet. The referee's decision in all matters shall be final and without appeal. **ONLY THE REFEREE CAN DISQUALIFY A PARTICIPANT(S).**
- J. Awards, (City Meet)** - The total points of the boys and girls from the same parish will be added to determine the overall parish champion & runner-up. A trophy will be awarded to the parish finishing first, second, and third in the boy's meet and also in the girls meet. Ribbons will be given to 1st, 2nd, 3rd, 4th, 5th and 6th place finishers in each event.
- K. Postponement** - In case of postponement, the city meet will be held on the following weekend with a possibility of a change in the site of the Meet.
- L. Points** - Each event has 6 places. Point values are: 1st-10 points; 2nd-8 points; 3rd-6 points; 4th-4 points; 5th-2 points; 6th-1 point.
- M. Equipment** - No specified uniform for any participants, but his/her attire must be of a neat and modest appearance. All participants MUST wear the CYO emblem. Starting blocks are not permitted. Cubs and Juniors must supply their own shot-put (8 lbs. for Cubs and Junior Girls and 12 lbs. for Junior Boys). All participants MUST wear shoes, but shoes with any kind of metal or hard rubber are prohibited. Track shoes

with soft rubber are allowed. Track shoes with the spikes taken out are not allowed. Softball is a 12 inch ball.

- N. It will be the responsibility of the CYO commissioner to see that all information pertaining to the track program is made available to all Track Coordinators.
- O. **False Start** - Each competitor in any dash or relay will be allowed one (1) false start. Second false start will result in the offender(s) or team disqualification from the dash or relay.
- P. **400 & 800 Meter Run** - In the 400 Meter Run and the 800 Meter Run, the command shall be "Runners Set", and when all competitors are steady, the pistol shall be fired. A competitor may run anywhere on the track at any pace or any change in pace as long as he/she does not impede or obstruct by any action of his arms or body the progress of another runner.
- Q. **400 Meter Relay** - Tot-Pee wee eight (8) competitors with each runner running 50 meters with a 10 meter passing zone. Mite-Juniors four (4) competitors with each runner running 100 meter, with a 20 meter passing zone.
- R. **High Jump** - Starting height for each division should be set by the preliminary jumps.

2011 TRACK RESULTS PARISH AWARDS

| | | |
|-----------------|-------------------------|-----|
| Meet Champions: | St. Elizabeth Ann Seton | 324 |
| Meet Runner-Up: | St. Ann (La Vernia) | 283 |

BOYS

GIRLS

| | | | | |
|-----|--------------------|-----|--------------|-----|
| 1st | St. Matthew | 157 | SEAS | 201 |
| 2nd | Annunciation | 142 | St. Ann (LV) | 177 |
| 3rd | Mount Sacred Heart | 126 | St. Matthew | 105 |

CYO BOYS TRACK RECORDS

| 400 METER RELAY | PARISH | CYO RECORD |
|---------------------------------|--------------------------|------------------|
| Tot (8 Boys)..... | O.L.P.H. (Selma) | 1:22.4 sec. 1994 |
| Tiny (8 Boys)..... | O.L.P.H. (Selma) | 1:09.1 sec. 1996 |
| Pee wee (8 Boys)..... | St. Luke | 1:00.9 sec. 1974 |
| Mite (4 Boys)..... | St. Ann (La Vernia)..... | 56.0 sec. 2001 |
| Cub (4 Boys)..... | St. Benedict | 48.0 sec. 1987 |
| Junior (4 Boys) | St. Benedict | 47.5 sec. 1974 |
| 400 METER RUN | PARISH | CYO RECORD |
| Tot - Vincent Alarcon..... | St. Gregory | 1:28.3 sec. 1992 |
| Tiny - Brady Rog | Annunciation..... | 1:16.1 sec. 1986 |
| Pee wee - Jordan Clarkson | St. Thomas More..... | 1:08.3 sec. 2002 |
| 800 METER RUN | PARISH | CYO RECORD |
| Mite - Ryan Gunst | St. Luke | 2:29.6 sec. 1986 |
| Cub - John Espinoza..... | St. John Berchmans..... | 2:14.0 sec. 1982 |
| Junior - Nicco Vitela | St. Peter (Boerne)..... | 2:06.9 sec. 2008 |

| 120 YARD DASH | PARISH | CYO RECORD |
|----------------------------|----------------|-------------------|
| Cub - Bryan Zatarain | St. Paul | 12.2 sec. 1990 |
| Junior - Craig Ramon | St. Paul | 12.6 sec. 1990 |

| 100 YARD DASH | PARISH | CYO RECORD |
|---------------------------|----------------------|-------------------|
| Mite - Joe Saahene..... | Prince of Peace..... | 11.1 sec. 2004 |
| Cub - Lavar Veale | St. Gerard | 10.8 sec. 1994 |
| Junior - Robert Penn..... | Holy Redeemer | 10.5 sec. 1966 |

| 75 YARD DASH | PARISH | CYO RECORD |
|--------------------------------|--------------------------|-------------------|
| Peewee - Tim Ledwig..... | St. Benedict | 9.0 sec. 1974 |
| Mite - Stephen Carrasco..... | Holy Rosary | 9.0 sec. 1977 |
| (Tie) Carl Stokes..... | St. Benedict | 9.0 sec. 1978 |
| (Tie) Francisco Cifuentes..... | Mount Sacred Heart | 9.0 sec. 2004 |
| Cub - James George..... | St. John | 8.4 sec. 1985 |
| Junior - Robert Penn..... | Holy Redeemer | 8.2 sec. 1966 |

| 60 YARD DASH | PARISH | CYO RECORD |
|----------------------------|--------------------|-------------------|
| Tot - Derek Clark..... | St. Gerard | 9.8 sec. 1994 |
| Tiny - Brian Shiemek | St. Benedict | 8.4 sec. 1975 |

| 50 YARD DASH | PARISH | CYO RECORD |
|--------------------------------|--------------------------|-------------------|
| Tot - Vincente Alarcon..... | St. Gregory | 8.0 sec. 1992 |
| Tiny -Adrian Hardeemon | St. Benedict | 7.3 sec. 1988 |
| (Tie) Thomas Blount | St. Ann (La Vernia)..... | 7.3 sec. 1997 |
| (Tie) Michael Davis..... | St. Jerome..... | 7.3 sec. 2004 |
| Peewee - Brandon McKennon..... | Holy Name | 6.6 sec. 2000 |
| Mite - Chris Huggins..... | Holy Spirit..... | 6.3 sec. 1975 |

| 40 YARD DASH | PARISH | CYO RECORD |
|---------------------------------|----------------------|-------------------|
| Tot - Darnell Croons..... | St. Benedict | 6.6 sec. 2000 |
| Tiny - Larry Stephans..... | Prince of Peace..... | 6.0 sec. 2004 |
| Peewee - William Andreolli..... | Annunciation..... | 5.1 sec. 1992 |

| SHOT PUT | PARISH | CYO RECORD |
|--------------------------------------|------------------------|-------------------|
| Cub (8 lb.) - Sean Klinksek | O.L.P.H. (Selma) | 52' 7" 1995 |
| Junior (12 lb.) - Marty Winters..... | St. Agnes..... | 43' 8" 1973 |

| HIGH JUMP | PARISH | CYO RECORD |
|------------------------------|--------------------|-------------------|
| Tiny - William Bochat..... | St. Brigid | 3' 71/2" 2002 |
| Peewee - Efrain Delgado..... | Holy Name | 4' 4" 1972 |
| (Tie) Nicholas Kell..... | Holy Spirit..... | 4' 4" 2008 |
| Mite - Eric Bonham | Annunciation | 4' 11 3/4" 1998 |
| Cub - Nick Gawlick..... | Holy Name | 5' 7" 1987 |
| Junior - Rick Shannon..... | St. Luke | 5' 8 3/4" 1979 |

| RUNNING LONG JUMP | PARISH | CYO RECORD |
|--------------------------------|--------------------------|-------------------|
| Tot - Brig Gerlich | St. Ann (La Vernia)..... | 8' 10 1/4" 1999 |
| Tiny - Colin Dlugosh..... | St. Jerome..... | 11' 10 1/4" 1998 |
| Peewee - Ed Burton | Holy Name | 14' 6" 1983 |
| Mite - Wei-Han Tan | St. Luke | 16' 2" 1993 |
| Cub - Nick Gawlick..... | Holy Name | 18' 8" 1987 |
| Junior - Raul Fuentes, Jr..... | Holy Rosary | 19' 7" 1975 |

| STANDING LONG JUMP | PARISH | CYO RECORD |
|--------------------------------|-------------------|-------------------|
| Tot - Chris Ramsey..... | Holy Spirit..... | 5' 4 1/2" 1997 |
| Tiny - Steve Persyn | Holy Name | 6' 4" 1975 |
| Peewee - Michael Fielding..... | Holy Name | 6' 11 1/2" 1967 |
| Mite - Stephen Carrasco..... | Holy Rosary | 8' 1" 1977 |

CYO GIRLS TRACK RECORDS

| 400 METER RELAY | PARISH | CYO RECORD |
|-------------------------|---------------------------|-------------------|
| Tot (8 Girls) | St. Ann (La Vernia) | 1:24.5 sec. 2000 |
| Tiny (8 Girls) | St. Ann (La Vernia) | 1:12.5 sec. 1998 |
| Pee wee (8 Girls) | St. Benedict | 1:05.7 sec. 1978 |
| (Tie) | St. Ann (La Vernia) | 1:05.7 sec. 1999 |
| Mite (4 Girls) | St. Ann (La Vernia) | 57.6 sec. 2003 |
| Cub (4 Girls) | Holy Family | 55.4 sec. 1975 |
| Junior (4 Girls) | Holy Name | 55.6 sec. 1980 |

| 400 METER RUN | PARISH | CYO RECORD |
|--------------------------------|---------------------------|-------------------|
| Tot - JoAnn Salazar | St. Margaret Mary | 1:33.5 sec. 1992 |
| Tiny - Natalie Baker | St. Ann (La Vernia) | 1:19.2 sec. 2002 |
| Pee wee - Clare Gertsman | Holy Spirit | 1:12.6 sec. 1988 |

| 800 METER RUN | PARISH | CYO RECORD |
|---------------------------------|------------------------|-------------------|
| Mite - Robin Montemayor | Holy Spirit | 2:39.1 sec 2008 |
| Cub - Shannon Albrecht | O.L.P.H. (Selma) | 2:28.4 sec. 1987 |
| Junior - Shannon Albrecht | O.L.P.H. (Selma) | 2:29.4 sec. 1989 |

| 120 YARD DASH | PARISH | CYO RECORD |
|------------------------------------|---------------------------|-------------------|
| Cub - Brittani Dear | St. Ann (La Vernia) | 13.3 sec. 2007 |
| Junior - Britney Friesenhahn | O.L.P.H. (Selma) | 14.7 sec. 2003 |

| 100 YARD DASH | PARISH | CYO RECORD |
|--------------------------------|---------------------------|-------------------|
| Mite - Natalie Baker | St. Ann (La Vernia) | 12.3 sec. 2005 |
| Cub - Angelica Fernandez | St. Helena | 12.03 sec. 2010 |
| Junior - Trina Walker | St. Benedict | 12.1 sec. 1989 |

| 75 YARD DASH | PARISH | CYO RECORD |
|---------------------------------|---------------------------|-------------------|
| Pee wee - Natalie Baker | St. Ann (La Vernia) | 9.7 sec. 2004 |
| Mite - Alexa Vessell | Holy Spirit | 9.4 sec. 2005 |
| Cub - Karen Butler | St. Gregory | 9.1 sec. 1978 |
| Junior - Jennie Reininger | St. Mary Magdalen | 8.8 sec. 1970 |

| 60 YARD DASH | PARISH | CYO RECORD |
|----------------------------|-------------------------|-------------------|
| Tot - Kaitlyn Persyn | St. Luke | 9.59 sec. 2010 |
| Tiny - Jamie Jones | Blessed Sacrament | 8.9 sec. 1990 |

| 50 YARD DASH | PARISH | CYO RECORD |
|---------------------------|---------------------------|-------------------|
| Tot - Natalie Baker | St. Ann (La Vernia) | 8.2 sec. 2000 |
| Tiny-Natalie Baker | St. Ann (La Vernia) | 7.3 sec 2002 |

| | | |
|-------------------------------|---------------------------|---------------|
| Pee wee - Natalie Baker | St. Ann (La Vernia) | 6.8 sec. 2004 |
| Mite - Natalie Baker | St. Ann(La Vernia) | 6.3sec. 2006 |

| 40 YARD DASH | PARISH | CYO RECORD |
|------------------------------|-------------------|-------------------|
| Tot - Hannah Faustino | St. Matthew | 6.3 sec. 2010 |
| Tiny - Jourdin Stewart | Holy Name | 6.2 sec. 2000 |
| Pee wee - Robin Sweet | St. Matthew | 5.9 sec. 1973 |
| (Tie) Liana Mayes | St. Mark | 5.9 sec. 2000 |

| SHOT PUT | PARISH | CYO RECORD |
|----------------------------------|-------------------|-------------------|
| Cub - Elizabeth Briones | St. Gregory | 28' 6" 2006 |
| Junior - Barbara Broderick | St. Helena | 27' 5" 1998 |

| RUNNING LONG JUMP | PARISH | CYO RECORD |
|---------------------------------|---------------------------|-------------------|
| Tiny - Kaylin Hubbert | Holy Name | 10' 10 3/4" 1998 |
| Pee wee - Kirsten Wiatrek | Annunciation | 13' 3/4" 2005 |
| Mite - Natalie Baker | St. Ann (La Vernia) | 15' 2" 2006 |
| Cub - Jessica Brantly | Mount Sacred Heart | 16' 9 1/2" 1999 |
| Junior - Sheila Korban | Annunciation | 16' 0" 1989 |

| STANDING LONG JUMP | PARISH | CYO RECORD |
|---------------------------|-------------------|-------------------|
| Tot - Meredith Biri | St. Gregory | 5' 0" 1993 |

| | | | |
|------------------------------|-------------------|-----------|------|
| Tiny - Lana Stair..... | Annunciation..... | 6' 3 1/2" | 1977 |
| Peewee - Celia Vaclavik..... | Annunciation..... | 7' 3" | 1997 |
| Mite - Dawn Schaefer..... | Annunciation..... | 7' 7 1/2" | 1994 |

| SOFTBALL THROW | PARISH | CYO RECORD | |
|--------------------------------|-------------------|-------------------|------|
| Tot - Patricia Villarreal..... | St. Matthew..... | 52' 11" | 2000 |
| Tiny - Brook Matula..... | St. Helena..... | 94' 1" | 1999 |
| Peewee - Janina Flores..... | St. Paul..... | 138' 8" | 1976 |
| Mite - Rhonda Reidel..... | Annunciation..... | 167' 0" | 1974 |

| HIGH JUMP | PARISH | CYO RECORD | |
|----------------------------|------------------------|-------------------|------|
| Cub - Sydney Anderson..... | Sts. Peter & Paul..... | 4' 10" | 1996 |
| Junior - Lana Mallet..... | St. Luke..... | 4' 6" | 2004 |

**CYO GIRLS SOFTBALL RULES
CYO SOFTBALL COMMISSIONER
Glen Galindo**

Registration Closing Date: February 26, 2012
 Practice Starting Date: February 27, 2012
 Suggested Opening Date: Date Determined by each Zone
 Roster Deadline: Week prior to Official League Opening
 Rosters Due (by appointment): March 19-22, 2012
 Closing Date: June 10, 2012
 City Playoffs: June 11- 18, 2012
 City Playoff Audit Due: June 4-7, 2012

SECTION I. - LEAGUE RULES (CYO POLICY)

- A. Divisions** - Tiny through Juniors - Girls; Juniors. See General Rules.
B. Registration - According to the General Rules, no player will be replaced on the original roster after May 16 2011.
C. Rules - Any exception made to the CYO Softball Rules must be submitted in writing and signed by all Parish Presidents of that Zone, before the season starts and attached to the schedule given to each Coach.

D. CYO Game Specifications:

| Division | P.D. | B.D. | Length of Games | Run Rule | Batter Rule |
|-----------|--------|--------|----------------------------------|--------------|--------------|
| Tiny | 36 ft. | 60 ft. | 60 minutes or at least 4 innings | 5 per inning | 9 per inning |
| Peewee I | 36 ft. | 60 ft. | 60 minutes or at least 4 innings | 6 per inning | 9 per inning |
| Peewee II | 32 ft. | 60 ft. | 60 minutes or at least 4 innings | 6 per inning | 9 per inning |
| Mite | 36 ft. | 60 ft. | 60 minutes or at least 4 innings | 6 per inning | None |
| Cub | 40 ft. | 60 ft. | 60 minutes or at least 4 innings | 7 per inning | None |
| Junior | 40 ft. | 60 ft. | 75 minutes or seven innings | 7 per inning | None |

- a. **NOTE: Each CYO Inter-Parochial zone has the option to set the time limit on games in their leagues.**
 b. **Regulations games - Games are regulation only (regardless of time) if 4 complete innings have been played in the Tiny through Juniors. (Example, Peewee must play 3 1/2 innings if the home team is ahead. If the home team is behind, the must bat to complete inning.)**
 c. **Ten-run rule** - Will be in effect after 3 innings, but not before all players have batted.
E. Player Limit - There is a maximum of 18 players and a minimum of 11 players per team roster.
F. Player Participation - Each team must play each player at least two (2) consecutive defensive innings every game that the player is in attendance. An injured player playing defense and is taken out must re-enter by the end of the next half inning to get credit for playing a complete game. All players on a team in attendance must bat every game. A continuous bating order must be submitted not subject to change in that game.
 a. **Penalty** - Loss of one (1) game for each infraction and forfeiture of game in which violation occurred. Repeated infractions may cause suspension of Coach. In league play, it is the Zone Coordinator's responsibility to check the scorebook at least once a week.
 b. **NOTE: In a one game playoff all players must play at least two (2) defensive innings.**
G. Player Substitution
 a. **No projected substitutions allowed.**
 b. **All substitutions must be declared at the time of entry with umpire and scorekeeper.**
 i. **Failure to do so will result Player Participation Penalty.**
H. City Playoffs - City Playoffs will start the week of Jun 20, 2011.
 a. Time limit is waived for championship playoffs; however, 10 run rule will be in effect after completion of half of the game.
 b. Each Zone will determine what type of playoff they will have within their Zone. The City Playoffs will be Round Robin if possible.
 c. All Coaches advancing to the City Playoffs should attend the Coaches Meeting held prior to the start of the playoffs.
 d. All zones must submit to the Softball Commissioner, through the CYO Office, a roster of those team(s) advancing to the City Playoffs not later than 12:00noon; Friday June 10, 2010.
 e. No game will start or continue with less than nine players.
 i. If a child gets injured during a game, which does not allow him to continue playing, he will not be counted out during his turn at bat. However, if a player leaves during the game, an out will occur when it is the player's turn at bat.

SECTION II. - PLAYING RULES

The National Federation Softball (Fast Pitch) Rule Book for 2011 will govern play, except where CYO Rules prevail.

- A. Rule 1 - 5, Article 1.** Does not apply. CYO Softball games will be played on available facilities. Batter Box should be 3 1/2 ft. by 6 1/2 ft.
- B. Rule 1—5, Article 1.** Bat Size: 2 1/4 maximum diameter and must be in compliance with N.F.H.S Softball Rules.
- C. Rule 2, Section 52. SLIDE - CYO Rule:** Head first slides are illegal - runner is out. Exception: In returning to a base, if runner is within 6 feet or less (umpire's judgment) runner may dive back.
- D. Rule 3, Section 2. UNIFORMS - Are Optional.**
- a. All attire must be of neat and modest appearance. Players must have shirts tucked in AT ALL TIMES.*
 - b. *(EXCEPTION - Regulation UNIFORMS meant to be worn on the outside MAY be worn outside.)
 - c. CYO Patch - The CYO patch is the official emblem of the CYO and therefore must be permanently attached (e.g. sewn on) to the left sleeve or upper-front left of shirt. All team members will be uniform in their wearing of the patch. No exceptions. **PENALTY - See General Rules.**
 - d. Number - Players must wear a 3 inch number or larger on the playing apparel. Players violating this rule will be barred from any further participation in the game or event until she becomes eligible by wearing a number. Numbers must be submitted with the line ups. No duplicate numbers allowed on the team.
 - e. HELMETS: All offensive players must wear proper batting helmets with double ear flaps equipped with approved face protector. (Any helmet that is loose on the player's head must have a chin strap) **PENALTY -** Failure to wear the batting helmets shall cause player to be declared out. **DELIBERATELY** removing the helmets during play (live ball) shall cause the violator to be declared out. Any player dislocating any helmet unintentionally will be allowed to attempt advancement the next base only. For attempting to advance beyond the next base, the runner is automatically out.
 - i. All catchers **MUST** wear protective head gear (full head helmet).
 - f. **PENALTY - If a player, coach or manager is warned once about a player's appearance, after the second offense she or he may be suspended from the game. The Coordinator will see that the above rule is enforced. Coaches not enforcing the above regulation are subject to suspension along with players.**
- E. Rule 3, Section 3 SUBSTITUTION -** Once a player is substituted, she may re-enter the game only once. This rule applies to the starting nine and includes the pitchers. All other players may legally enter the game only one time.
 - a. **PENALTY - Ineligible Player - Forfeit of game for team in violation.**
- F. Rule 3, Section 6. ADD-CYO RULE -** Coaches, players, and parents address players of their team only. Effect: one (1) warning. Repeat violation will result in removal of offender from game.
- G. Rule 3, Section 7 - CHARGED CONFERENCE**
- a. Defensive - This rule limits the number of trips a manager or coach may make to any one pitcher in any one inning:
 - i. A second trip to the same pitcher in the same inning will cause this pitcher's automatic removal from the pitching position for the remainder of the game
 - ii. If a pinch hitter is substituted for the batter the manager or coach may make a second visit to the mound but must remove the pitcher
 - b. Offensive - There shall be only one charged conference between the manager or coach and the batter or base runner(s) in an inning. Umpires shall not permit any such conferences in excess of one in an inning. Penalty: Eviction of manager or coach who insists on another charged conference.
- H. Rule 4, Section 1, Art. 2 -** Does not apply. CYO Rule Field Coordinator is the sole judge as to whether a game shall not be started because of unsuitable weather conditions or the unfit condition of the playing field. After "Play ball" has been called, the umpire shall be the sole judge as to the fitness of the ground for resuming play.
- I. Rule 4, Section 2 -** Applies except in the number of innings and time of game. (Ref. Sec. A4.)
- J. Rule 4, Section 3F -** A game shall be forfeited to the opposing team when a team is unable or refuses to start or continue the game with nine players - except in case of injury during game play. When a game is continued with less than nine players, or when a player(s) is missing from the official batting order because injured, sick, or leaves player(s) will be automatically out when their position comes to bat. (Once a player

is declared injured or sick she can no longer enter the game). If a player is hurt, they can re-enter the game if capable of playing.

K. Rule 4, Section 2, Art. 5 - CYO Rule - The score of a regulation tie game shall be the tie score when the game was terminated and shall be re-played from the beginning. If needed (teams with identical records or Zone Policy). At a time and place designated by the League Coordinator.

- a. If no game(s) will be held up because of this situation, games will continue at the discretion of the umpire.
- b. If game is called (suspended) for any reason and is not a regulation game, it will be replayed (if needed) as a new game at a later date.

L. Rule 4, Section 4 – See Protests on General Rules

- a. **NOTE: Protest MUST be made known to the umpire-in-chief at the time of the rules infraction. Umpires MUST record protest in official scorebook and announce to the crowd and both teams that the game is being played under protest. Umpire officially accepting protests may be required to be present at the hearing and/or submit a written report within 48 hours of the protest.**

M. Rule 6, (Pitching) Section 1, Art. 1 . - She (the pitcher) shall take a position with both feet in contact with the pitcher's plate and remain in contact with the plate at all times prior to the forward step.

- a. In the interest of the well being of our youth, it is mandatory that if a pitcher should hit three (3) batters in one (1) inning or six (6) per game, she should be removed from the pitching position for the remainder of the game.

N. Rule 9 - Scorekeepers and Line-ups. Scorekeepers must be located behind the back stop. It is suggested that a stand six feet high made to for the person keeping official score.

- a. An official line-up submitted to a scorekeeper ten (10) minutes before the game time (strongly encouraged to avoid significant delay in starting the game) must have the full names and numbers of all players on the official CYO Roster. Players absent, sick, or injured must be indicated as such. (See General Rules)
- b. **FIELD DECORUM** - When a team is on the field defensively, the managers/coaches shall not leave the dugout proper except to confer with one of their players or with an umpire.
- c. **PENALTY - A player, manager/coach or umpire is warned once; for the second infraction he or she may be suspended from the game. The coordinator will see the above is enforced.**

O. PEEWEE DIVISION:

- a. The ball shall be a white or optic yellow, 11 inch ball with a core of .47 will be used.
- b. **The third strike rule will not be in effect - batter is out.**

P. TINY & PEEWEE FIRST YEAR DIVISIONS: COACH PITCH

- a. The coach will pitch to the batter underhand and may pitch from a one knee position or a standing position but must be able to get out of the way quickly when a batted ball is put into play.
- b. Each batter will receive a maximum of 6 pitches. The batter is out when: three strikes occur (Batter must swing and miss for a third strike to be call) or does not hit a fair ball after the six pitches.
- c. A bunt is allowed, but the batter must attempt to hit the ball. Bunt foul on third strike, batter is out.
- d. There are no walks. If a pitch hits a batter, a base will not be awarded. The infield fly rule is not in effect.
- e. Fouls balls count as strikes, but a batter cannot be called out on a foul ball, unless it occurred on the sixth pitch.
- f. The Pitcher will not talk to the batter or any runner Penalty: one warning by the umpire, on the next violation, the lead runner is out. If there is no runner, the batter is out.
- g. When a fair ball is hit, the coach-pitcher will move out of the playing area opposite side where the ball is hit and not interfere with the play or players. For not complying, after one warning per game, the next violation will result in; the lead runner is being out. If there is no runner, the batter is out.
- h. If the ball hits the coach-pitcher play will continue, unless intentional interference is called, then the ball is dead and the lead runner is called out. If no runner, the batter is out.
- i. Runner must remain on base until the ball is hit. Penalty: runner is out.
- j. Player playing the pitching position must stay within 5 ft, but not in front, of the pitcher's plate
- k. Runners may score: On a hit ball (once a runner is stopped at a base, by a player with the ball, she may not advance any further.)

- l. The batter is out if the catcher drops the third strike. However the catcher must hold foul tip to put batter out.
- m. The ball shall be white or yellow, 11 inch ball with a core of .47 will be used. And it will be a RIF level 10 ball.

**CYO BOYS BASEBALL RULES
CYO BASEBALL COMMISSIONER
Hal Matthews**

Registration Closing Date: February 26, 2012
 Practice Starting Date: February 27, 2012
 Suggested Opening Date: Date Determined by each Zone
 Roster Deadline: Week prior to Official League Opening
 Rosters Due (by appointment): March 19-22, 2012
 Closing Date: June 10, 2012
 City Playoffs: June 11- 18, 2012
 City Playoff Audit Due: June 4-7, 2012

SECTION I. - LEAGUE RULES (CYO POLICY)

A. Divisions - Tot - Co-ed; Tiny thru Juniors. See General Rules.

B. Registration - According to the General Rules, no player will be replaced on the original roster after May 16, 2011.

C. CYO Game Specifications

| Division | P.D. | B.D. | Length of Games | Run Rule | Batter Rule |
|-----------|--------|--------|----------------------------------|--------------|--------------|
| Tot | 36ft. | 60 ft. | 60 minutes or at least 4 innings | 4 per inning | 9 per inning |
| Tiny | 36 ft. | 60 ft. | 60 minutes or at least 4 innings | 5 per inning | 9 per inning |
| Peewee I | 36 ft. | 60 ft. | 60 minutes or at least 4 innings | 6 per inning | 9 per inning |
| Peewee II | 32 ft. | 60 ft. | 60 minutes or at least 4 innings | 6 per inning | 9 per inning |
| Mite | 36 ft. | 60 ft. | 60 minutes or five innings | 6 per inning | None |
| Cub | 40 ft. | 60 ft. | 60 minutes or six innings | 7 per inning | None |
| Junior | 40 ft. | 60 ft. | 75 minutes or seven innings | 7 per inning | None |

a. **NOTE:** Each CYO Inter-Parochial zone has the option to set the time limit on games in their leagues.

b. **Regulations games - Games are regulation only (regardless of time) if 4 complete innings have been played in the Tot through Juniors. (Example, Peewee must play 3 1/2 innings if the home team is ahead. If the home team is behind, the must bat to complete inning.)**

c. **Ten-run rule - Will be in effect after 3 innings, but not before all players have batted.**

D. Player Limit - There is a maximum of 18 players and a minimum of 11 players per team roster.

E. Player Participation - Each team must play each player at least two (2) consecutive defensive innings every game that the player is in attendance. An injured player playing defense and is taken out must re-enter by the end of the next half inning to get credit for playing a complete game. All players on a team in attendance must bat every game. A continuous bating order must be submitted not subject to change in that game.

a. **Penalty** - Loss of one (1) game for each infraction and forfeiture of game in which violation occurred. Repeated infractions may cause suspension of Coach. In league play, it is the Zone Coordinator's responsibility to check the scorebook at least once a week.

b. **NOTE:** In a one game playoff all players must play at least two (2) defensive innings.

F. Player Substitution

a. **No projected substitutions allowed.**

b. **All substitutions must be declared at the time of entry with umpire and scorekeeper.**

i. **Failure to do so will result Player Participation Penalty.**

G. Pitching regulations - A Player SHALL NOT PITCH:

a. In more than a total of the innings in calendar week (the official CYO week begins on Monday and concludes on Sunday regardless of league or city playoff scheduling) as stated below.

- i. **Peewee 2 Division** Ten (10) Innings
- ii. Mite Division Ten (10) Innings
- iii. Cub Division Twelve (12) Innings
- iv. Junior Division Fourteen (14) Innings

b. In more than one game in one day.

c. Without sixty hours rest after having pitched in a game 3 or more innings in the Peewee and Mite Divisions; 4 or more innings in the Cub Division; 5 or more innings in the Junior Division.

i. **EXAMPLE** - A player who pitches in the innings as indicated above on a Monday IS NOT ELIGIBLE to pitch until Thursday.

- ii. A player who pitches in the innings as indicated above on Saturday IS NOT ELIGIBLE to pitch again until Tuesday.
- d. Without thirty-six hours rest after having pitched in the game less than 3 innings in the, Peewee and Mite Division; less than 4 innings in the Cub Division; less than 5 innings in the Junior Division.
 - i. EXAMPLE - A player who pitches in the innings as indicated above on a Tuesday IS NOT ELIGIBLE to pitch until Thursday.
 - ii. A player who pitches in the innings as indicated above on Sunday IS NOT ELIGIBLE to pitch again until Tuesday.
- e. In any given game a player is not permitted to pitch in more than 5 innings in the Peewee and Mite Divisions; 6 innings in the Cub Division; 7 innings in the Junior Division.
- f. **NOTE: Even if a player pitches only one pitch in any one inning, this action constitutes one complete inning. (This covers all games, suspended, forfeited games that were played, or non-regulation games & continuation games because of a protest upheld.)**
- g. **PENALTY - (Covers a, b, c, d, and e) loss of 3 league games at the end of season (or half, if divided into halves) and forfeiture of game(s) in which the violation occurred. Should any pitching violations occur during the zone or city playoffs, the team responsible will forfeit the game in which the violation occurred and forfeit its right to advance to the city playoff (zone violation) and to any city playoff recognition.**
- h. The above pitching regulations apply to all games (league, non-league, pre-season, scheduled practice league, field day, or any tournament and Zone/City Playoffs, etc.)
- i. All changes made of the PITCHERS must be reported to the scorekeeper by the coach at the time of the change and be written in the scorebook.
- j. In League Play it is the Zone Coordinator's responsibility to check the scorebook at least once a week.
- k. Tournament Pitching Regulations - (To cover all Zone, Parish and Field Day Tournaments held by Zone or Parish which include CYO Teams.) Same as League Play. See above.
- l. All scorebooks (sheets) in Parish/Zone Tournament, League Play, Zone/City Playoff, etc. will be kept in a secure place and handled only by authorized persons. Failing to comply or produce scorebooks on request by authorized persons will make that League or Parish subject to probation or elimination from City Playoffs.

H. Pitchers:

- a. Hidden ball is illegal and will not be permitted.
- b. In the interest of the well being of our youth, it is mandatory that if a pitcher in the Peewee or Mite Division should hit three (3) in one (1) inning or four (4) per game, he should be removed from the pitching position for the remainder of the game.

I. City Playoffs - City Playoffs will start the week of June 21, 2010.

- a. Time limit is waived for championship playoffs; however, the rule will be in effect after 3 innings in Tot thru Mite Divisions; 4 innings in Cub and Junior.
- b. Each Zone will determine what type of playoff they will have within their Zone. The City Playoffs will be Round Robin if possible.
- c. All Coaches advancing to the City Playoffs should attend the Coaches Meeting held prior to the start of the playoffs.
- d. All zones must submit to the Baseball Commissioner, through the CYO Office, a roster of those team(s) advancing to the City Playoffs not later than 12:00 noon, Friday June 10, 2011.

SECTION II. - PLAYING RULES

The National Federation Baseball Rule Book for 2011 will govern play, except where CYO Rules prevail.

- A. Rule 1, Sec. 2** - Does not apply. CYO Baseball Games will be played on available facilities. Batter box should be 3 1/2 ft. by 6 1/2 ft.
- B. Rule 1, Sec 3 Article 4** -Bat size 2 3/4 inches or less and must be in compliance with N.F.H.S Baseball Rules.
- C. Rule 1, Sec. 4** - Does not apply. CYO Rule - Uniforms optional for participation in the program, with these exceptions:

- a. CYO Patch must be permanently attached (e.g. sewn on) to the left sleeve or left front of uniform or game apparel. Patch must be sewn or ironed on to uniform or apparel. NO EXCEPTIONS. See General Rules.
 - b. No pitcher will be allowed to wear a white long-sleeve shirt.
 - c. ALL DIVISIONS: Players can wear tennis shoes, street shoes or rubber cleated shoes. No shoes with metal cleats and spikes are permitted in any division.
 - d. All batters must wear protective covering. All base runners MUST also wear protective covering (all divisions).
 - i. **NOTE: Tinys, Peewees, Mites and Cubs MUST wear full head helmet which covers entire head and ears at bat and on the bases. Juniors MUST wear full head helmet as previously outlined while batting. Major League style batting helmet (with or that fit tight without ear protection) MUST be snapped under the chin at all times!**
 - ii. (Exceptions: Suction-type helmet with clasps does not require chin straps but any helmet that is loose on the player's head must have a chin strap.)
 - iii. **PENALTY - Player refusing to wear batting helmet properly is automatically out. Any player dislocating any type helmet unintentionally will be allowed to attempt advancement to the next base only.**
 - iv. **PENALTY - For attempting to advance beyond the next base, runner is automatically out.**
 - v. **EXCEPTIONS - Ground rules in effect that would automatically advance the runner beyond the next base. Player dislocating helmet intentionally at home plate or in advancing to any base is automatically out! (Exception: Home run over fence.**
 - e. All teams should have their own helmets! Remember! The above rule is in effect for the protection of the youth involved and is not intended to hamper any participant. Follow this rule in practice sessions and the season will not present any problems in this regard. Also, the ruling as to whether a helmet was dislocated intentionally or unintentionally is a judgment ruling.
 - f. No protest will be honored in a league on the basis of the judgment of the umpire.
 - g. Adherences to these regulations is mandatory. All batters or base runners refusing to wear specified headgear will be ruled out.
 - h. All catchers must wear metal, fiber or plastic cup-type supporter.
 - i. All catchers must wear protective headgear (full head helmet).
 - j. All players catching for pitcher must wear a mask at all times (Practice, warm-up or game.) **NOTE:** If player is injured by failure to comply with the above, coach is subject to suspension.
 - i. **PENALTY - Player will not be allowed to catch.** (Applies only to 6b.)
 - k. All players MUST wear a 3 inch number or larger on their uniforms or playing attire. Players violating this rule will be barred from any further participation in the game until he becomes eligible by wearing a number. Player's number must be submitted to the scorekeeper with the line-up. (No one team will have duplicate numbers.)
 - l. **NOTE:** Each Manager and Coach is strongly urged to demand team members to wear their uniforms before and after the game in the same manner as during an official game. Shirts hanging out or shirts that are unbuttoned make a most undesirable appearance at our CYO facilities. Your cooperation is required. Manager and Coaches are reminded of their obligation in giving a gentlemanly appearance at all times. (Shirts must be tucked in.)
 - m. **EXCEPTION:** Regulation uniforms meant to be worn on the outside may be worn outside. **PENALTY:** If a player is warned once, that player may be suspended from the game on the second offense The coordinator will see that the above rule is enforced. If the offense is before or after a game, the player may be suspended from the next game. (Coach not enforcing their players to abide with the above regulation is subject to suspension along with player.)
- D. Rule 2, Sec. 32 CYO Rule -** Head first slides are illegal - Runner is out. Exception: In returning to a base the runner may dive back if he is within 6 feet or less of the base. (in the judgment of the umpire)
- E. Rule 3, Sec. 1 -** With reference to substitution - Once a player is substituted he may re-enter the game only once. This rule applies to the starting nine and includes the pitchers. All other players may legally enter the game only one time.
- a. **PENALTY - Ineligible Player-Forfeit of game for team in violation.**

- F. Rule 4, Sec. 1, Art 1.** - CYO Rule: Field Coordinator is the sole judge as to whether a game shall be started because of unsuitable weather conditions or the unfit condition of the playing field.
- G. Rule 3, Sec. 3** - CYO Rule: Coaches, players, and parents address players of their team only. After one warning a repeat violation will result in removal of offender from game.
- H. Rule 4, Sec. 2** - Rule applies except in number of innings and length of game. (Ref. Section A4.)
- I. Rule 4, Sec. 2 & 3** - Rule applies except in the number of innings.
- a. Exception - If the game is called during an uncompleted inning, the game ends at the end of the last previous completed inning.
 - b. CYO Rule: A suspended tied game shall be resumed and be completed as a continuation of said game as to the time and inning played as follows:
 - c. If needed (teams with identical records or Zone Policy).
 - d. A time and place designated by the league coordinator.
 - e. If no game(s) will be held because of this situation, game will continue at the discretion of the umpire. (Exception: The Zone has the option to replay a tied game as a new ball game at a later date.)
- J. Rule 4, Sec. 4, Art 1** - A game shall be forfeited to the opposing team when a team is unable or refuses to start or continue the game with nine players - except in case of injury. When a game is continued with less than nine players, or when a player(s) is missing from official batting order because injured, sick, or leaves player(s) will be automatically out. (Once a player is declared injured or sick he can no longer enter the game.) If a player is hurt but can return:
- K. Rule 4, Sec. 5**
- L. Rule 4, Section 4** – See Protests on General Rules
- a. **NOTE: Protest MUST be made known to the umpire-in-chief at the time of the rules infraction. Umpires MUST record protest in official scorebook and announce to the crowd and both teams that the game is being played under protest. Umpire officially accepting protests may be required to be present at the hearing and/or submit a written report within 48 hours of the protest.**
 - b. NOTE: Protest MUST be made known to the umpire-in-chief at the time of the rules infraction. Umpires MUST record protest in official scorebook and announce to the crowd and both teams that the game is being played under protest. Umpire officially accepting protests will be required to be present at the hearing and/or submit a written report within 48 hours of the protest.
 - c. NOTE: Throwing the ball around the infield after an out is made is not permitted.
- M. Charge conference**
- a. **Rule 3, Sec. 4 – Defensive**
 - i. This rule limits the number of trips a manager or coach may make to any one pitcher in any one inning:
 - ii. A second trip to the same pitcher in the same inning will cause this pitcher’s automatic removal from the pitching position for the remainder of the game;
 - iii. The manager or coach is prohibited from making a second visit to the mound while the same batter is at bat; but
 - iv. If a pinch hitter is substituted for the batter the manager or coach may make a second visit to the mound but must remove the pitcher;
 - v. Three or more trips to the same pitcher in a game will cause this pitcher’s automatic removal from the pitching position for the remainder of the game.
 - vi. A manager or coach is considered to have concluded his visit to the mound when he leaves the 18 foot circle surrounding the pitcher’s rubber.
 - b. **Rule 3, Sec. 4 – Offensive**
 - i. There shall be only one charged conference between the manager or coach and the batter or base runner (s) in an inning. Umpires shall not permit any such conferences in excess of one in an inning. Penalty: Eviction of manager or coach who insists on another charged conference.
 - c. **Rule 9** - Scorekeeper and line-ups must be located behind the backstop. It is suggested that a stand approximately six feet high be made for the person keeping the official score.
 - i. Official line-up submitted to scorekeeper ten (10) minutes before the schedule game time (strongly encouraged to avoid significant delay in the starting the game) must have the full names and numbers of all players on the official CYO roster. Players absent, sick or injured must be indicated as such. (See General Rules)

N. Field decorum - When a team is on the field defensively, the manager/coaches shall not leave the dugout proper except to confer with one of their players or with an umpire. The use of tobacco by managers/coaches and umpires on the playing field, outside or in the dugout is not permitted.

a. PENALTY - A player, manager/coach or umpire is warned once; for the second infraction he or she may be suspended from the game. The coordinator will see the above is enforced.

O. Tiny and Pee Wee 1 division – Coach Pitch

a. The following rules will be in effect:

- i. Runner must remain on base until a ball is hit. Penalty: runner is out.
- ii. Runners may score:
 1. On a hit ball (once a runner is stopped at a base, by a player with the ball, he may not advance any further.)
 2. If forced in (a force play is a play in which a runner legally loses the right to occupy a base by reason of the batter becoming a runner.)
- iii. No ball will be called.
- iv. Each batter will receive a maximum of 6 pitches. The batter is out when: three strikes occur (Batter must swing and miss for a third strike to be called) or does not hit a fair ball after the sixth pitch. A bunt is allowed, but the batter must attempt to hit the ball. Bunt foul on third strike, the batter is out.
- v. There are no walks. If a pitch hits a batter, a base will not be awarded. The infield fly rule is not in effect.
- vi. Fouls balls count as strikes except a batter cannot be called out on a foul ball, unless it was the sixth pitch.
- vii. The coach will pitch to the batter overhand and may pitch from a one knee position or a standing position, but must be able to get out of the way quickly when a batted ball is put into play.
- viii. Pitcher will not talk to the batter or any runner Penalty: one warning by the umpire, per game, on the next violation, the lead runner is out. If no runner, the batter is out.
- ix. Player playing the pitching position must stay within 5ft, but not in front of the pitcher's plate.
- x. When a fair ball is hit, the coach-pitcher will move out of the playing area to the opposite side where the ball is hit and not interfere with the play or players. For not complying, after one warning (per game) the next violation will result in the lead runner being out. If no runner, the batter is out.
- xi. If the ball hits the coach-pitcher play will continue, unless intentional interference is judged by the umpire, then the ball is dead and the lead runner is called out. If no runner, the batter is out.
- xii. Tinars must use a RIF Baseball Level 5.

P. Tot Tee Ball Division:

a. The following rules will be in effect:

- i. **10 players must play the field defensively.**
- ii. **Every position must be accounted for, while the 10th player will be the rover playing between left and center field**
- iii. **All outfielders will not be allowed to start each bat anywhere in the infield.**
- iv. Approved Tee ball bats only for this division
- v. Teams may consist of males and females on the same team.
- vi. There is no pitcher in T-BALL. Players hit the ball from a pole called a "Tee". (The "Tee must be approved by CYO Office, if there is any question) A coach will be allowed to adjust the tee and player, only one time per player and then step back toward their dugout and out of the way of any play.
- vii. Batters must hit the ball cleanly. If the batter hits only the tee, this counts as a strike.
- viii. The ball must be hit out of the batter's box. Balls that are hit off the tee and stay inside the batter's box or stay on the tee are foul balls.
- ix. When a ball is hit to the outfield and a fielder throws it to the infield, runners may advance only one base they were going to at their own risk of being put out.
- x. When a ball is hit in the infield and on an overthrow the ball goes to the outfield, runners may advance only one base they were going to at their own risk of being put out.
- xi. Runner must remain on base until the ball is hit (**Penalty: Runner is out.**)

CYO ZONE AND PARISH LIST

Zone I

Resurrection of the Lord
St. Anthony Claret
St. Dominic
St. Gabriel's
St. John Berchman
St. Rose of Lima
St. Vincent de Paul

Zone III

Annunciation
Holy Name
St. Ann (La Vernia)
St. Benedict
St. Jerome
St. Margaret Mary
El Carmen

Zone IV

St. Cecilia
St. Bonaventure
St. James
St. Leo
St. Leonard
St. Phillip of Jesus

Zone II

Blessed Sacrament
Holy Spirit
Mount Sacred Heart
OLG/St. Anthony
Our Lady of Perpetual Help
St. Helena
St. John the Evangelist
St. Mark
St. Peter Prince of the Apostle
St. Pius X
St. Thomas More
St. Peter and Paul (NB)
St. Monica
Our Lady of Sorrows

Zone V

Holy Family
Little Flower
St. Alphonsus
St. Ann (SA)
St. John Bosco
St. Paul
San Juan
San Martin

Zone VI

Our Lady of Guadalupe (Helotes)
Outreach
St. Brigid
St. Francis
St. Mary Magdalen
St. George Maronite
St. Elizabeth Ann Seton
St. Gregory
St. Matthew
St. Luke
St. Peter (Boerne)
Our Lady of Atonement

Prince of Peace

Faith

Coaches Training Schedule 2011-2012

SOCCKER/VOLLEYBALL/

FLAG FOOTBALL SEASON

Wednesday, August 3, 2011
Wednesday, August 10, 2011
Thursday, August 18, 2011
Tuesday, August 23 2011
Saturday, August 27, 2011
Monday, August 29, 2011
Wednesday, Aug 31, 2011
Tuesday, September 6, 2011
Thursday, September 15, 2011

TRACK SEASON

Monday, February 27, 2012
Monday, March 5, 2012

*****Subject to change***

**All Coaches Training
registration goes through Parish**

BASKETBALL SEASON

Monday, November 7, 2011
Thursday, November 10, 2011
Thursday, November 17, 2011
Saturday November, 19, 2011
Tuesday, November 22, 2011
Wednesday, November 30, 2011
Wednesday, December 7, 2011
Friday, December 2, 2011
Wednesday, December 14, 2011
Friday, December 16, 2011

BASEBALL/SOFTBALL SEASON

Monday, March 5, 2012
Thursday, March 8, 2012
Wednesday, March 14, 2012
Thursday, March 22, 2012
Saturday, March 24, 2012
Monday, March 26, 2012
Wednesday, March 28, 2012
Monday, April 2, 2012
Wednesday, April 11, 2012

POINT OF EMPHASIS

COACHES TRAINING

ALL COACHES AND TEAM MINISTERS MUST ATTEND TO BE PART OF ANY TEAM. COACHES ARE PRE-REGISTERED BY A PARISH OFFICER AT LEAST TWO DAYS PRIOR TO THE SESSION. NO WALK-INS WILL BE PERMITTED. SESSION LAST APPROXIMATELY THREE HOURS. CHECK IN AND HAVE PHOTO TAKEN IS FROM 5:00 PM TO 5:30 PM. CLASS START AT 6:00 PM. PLEASE BE ON TIME.

COACHES ID BADGE

ALL COACHES MUST HAVE THEIR OFFICIAL CYO BADGE DISPLAYED AND VISIBLE FOR THE ENTIRE GAME. IF YOU LOOSE YOUR BADGE FOR REPLACEMENT COACH MUST CALL CYO OFFICE TO SET UP AN APPOINTMENT TO RETAKE PICTURE AND RECEIVE NEW BADGE. FIRST REPLACEMENT IS \$10.00, SECOND IS \$15.00, IF THIRD, MUST RETAKE CERTIFICATION CLASS.

ARCHDIOCESAN WEB PAGE

THE CYO WEB PAGE IS AVAILABLE AND HAS ALL OF THE INFORMATION NEEDED TO KNOW ABOUT THE CYO SPORTS PROGRAM AT THE PARISH, ZONE AND CITY LEVEL. YOU CAN VISIT IT AT WWW.ARCHSA.OR